

Learn more about Parent Engagement

- Ministry of Education - "Parents in Partnership: A Parent Engagement Policy for Ontario Schools" Regulation 612, O Reg. 330/10
www.edu.gov.on.ca/eng/parents/involvement/index.html
- YCDSB Parent Involvement Policy
www.ycdsb.ca/parents_students/YCPIC.htm
- Speak to your child's teacher, principal or the chair of your Catholic School Council

For more information contact the **York Catholic Parent Involvement Committee** at ycpic@rogers.com or visit www.ycdsb.ca/parents_students/CSC-YCPIC.htm

What is the YCPIC?

The York Catholic District School Board formed the York Catholic Parent Involvement Committee (YCPIC) in 2008. It is an advisory body to the school board, mostly made up of parents from across York Region. Its main purpose is to support, encourage and enhance parent engagement at the board level in order to improve student achievement. YCPIC is an official committee of the board, and meets regularly throughout the school year.

YCPIC's mission statement is:

“ To support and encourage parent involvement at the board level and to support improved student achievement and well-being by providing information and advice to the board on effective parent engagement strategies and practices. To communicate with and support school councils and to undertake activities to help parents support their child's learning at home and at school. Our mission supports the vision and strategies put forth in the parent engagement policy for Ontario schools. ”

HOW CAN I Help my Teen Succeed?



Parents as Partners



Parent Engagement is vital to student success

Tips for Parents:

1. BE A LISTENER

How to communicate with your teen without a lot of stress

TIPS

- Make the most of the conversations you have
- Point them to someone you trust
- Talk about things that you both enjoy
- Agree to some ground rules
- Make communication a two-way street
- Use the tools they use

2. BE INFORMED

Keeping up on what is happening at school

TIPS

- Don't hesitate to connect with the school
- Tour the school's website
- Keep up with your teen's progress
- Build strong relationships with the school staff
- Attend school events
- Seek out your Catholic School Council

3. BE A MENTOR

Supporting your teen in wanting more independence and freedom

TIPS

- Use everyday activities to promote your teen's self-reliance
- Plan extracurricular activities and part-time jobs together
- Help them learn when they don't succeed
- Reach out to other parents
- Adjust your approach as they mature

4. BE A COACH

Find strategies and resources to help you support your teen's well-being

TIPS

- Help teens express and communicate their feelings
- Talk to teens about bullying
- Suggest strategies to help them deal with stress
- Encourage healthy habits and behaviours

5. BE A LEARNER

Information on teen use of technology

TIPS

- Show an interest in their media favourites
- Try social media websites yourself
- Learn the rules of the digital highway together
- Suggest your teens check with their school's guidance or student services department about online and e-learning courses

6. BE A GUIDE

Provide resources to help plan life after secondary school

TIPS

- Be proactive in talking to your teen about career choices
- Help your teen make connections between the things they love doing, and potential future jobs
- Investigate the options for financing postsecondary options

Studies confirm parent engagement influences student achievement, credits completed and school completion.

Check out www.ontariodirectors.ca for more details on these tips.