...But let me not forget my lonely moments because it does not take much to make that loneliness reappear.

If I am able to remember loneliness during joy, I might be able to remember joy during loneliness and be stronger to face it and help others face it ... When Jesus was loneliest, he gave most.

-Father Henri Nouwen



CLOSING PRAYER

We advent each other in simple steps:

smiles, caring, inclusion...
polite gestures of
reverent affirmation.
Silent and subtly pointing our way to Bethlehem.

Each journey is a singular—
a personal mystery,
sojourns of paradox
Waiting, yet searching.
We pack our bags differently these days.
The traveling itself may seem burden
and baggage enough.

The empty crib stands before us—
Hidden at some distant place
(always in disguise)
Patiently awaiting our arrival.
The Saviour within us and about us
Cries out for incarnated birth
Once more to be heard in a land of hopeless hearts.

—Source Unknown



Compiled by Les Miller and Melinda Rapallo York Catholic District School Board



JOYFUL WAITING



We are joyful now because we know that the Lord will come...



INTRODUCTION

Today we gather together for the third week of Advent. The third candle is the candle of joy. Today our readings and song reflect the Advent theme of waiting in joyful expectation of coming glory.

We start our celebration with the lighting of the advent wreath candles. While we light the candles, we reflect upon the joyous coming of the Lord.

LIGHTING OF THE CANDLE

O God, as light comes from this candle, may the blessing of Jesus Christ come to us, warming our hearts and brightening our way.

May Christ our Saviour bring life into the darkness of this world, and to us, as we wait for his coming.

All: Amen



SCRIPTURE READING: LUKE 1: 46-56

And Mary said, 'My soul magnifies the Lord, and my spirit rejoices in God my Saviour, for he has looked with favour on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name. His mercy is for those who fear him from generation to generation. He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts. He has brought down the powerful from their thrones, and lifted up the lowly; he has filled the hungry with good things, and sent the rich away empty.

He has helped his servant Israel, in remembrance of his mercy, according to the promise he made to our ancestors, to Abraham and to his descendants for ever.' The Gospel of the Lord.

All: Praise to You, Lord Jesus Christ.



A TIME OF JOYFUL WAITING

We are joyful now because we know that the Lord will come.

Our expectation leads to joy and our joy to a desire to give to others. Real joy always wants to share.

It belongs to the nature of joy to communicate itself to others and to invite others to take part in the gifts we have received.

Advent is a time of joyful waiting and joyful giving...

But it is not only a period of joy. It is also a time when those who are lonely feel lonelier than at other times of the year.

Those who have hope feel much joy and desire to give. Those who have no hope feel more depressed than ever and are often thrown back on their lonely selves in despair . . .

Surrounded by a loving, supportive community,

Advent and Christmas seem pure joy...