



# York Catholic District School Board

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Dear Parents and Guardians,

As the excitement of the first weeks of school settles into a positive new routine, it is the perfect time to pause and reaffirm our 'Attitude of Gratitude' – giving thanks to God for the many blessings we enjoy. Even in the midst of the busiest day, quiet moments of faithfulness help us to give the best of ourselves in every situation.

In our preparations for the celebration of Thanksgiving, let us be grateful that we are part of a Catholic school system where students can practice their faith every day as they grow intellectually, emotionally and spiritually. Let us be inspired by the foundation of excellence which supports all that we do here in York Catholic.

For students: I send a prayer for joyfulness. With the support of your educators and families, embrace your growing faith, your expanding borders of learning, and carry your lessons – both spiritual and academic – into the world with confidence!

For families: I send a prayer for the strength to greet each day with resilience, hope and love. Together may you celebrate achievements, overcome challenges and make this school year a great success!

Yours in Catholic Education,

A handwritten signature in cursive script that reads 'Theresa McNicol'.

Theresa McNicol