



*Catholic School Council*  
**ST. CHARLES GARNIER**

16 CASTLEROCK DR., RICHMOND HILL, ONTARIO L4C 5H5  
TEL: (905) 884-0223 • FAX: (905) 884-2162



Join the Catholic School Council (CSC) for a  
**FREE Parent Workshop on Kids Mental Health**

*Anxiety 101: The Who, What, Why & How of it*



*Presented by: Dr. Marilisa Morea,  
Lead Clinical Psychologist at North York General Hospital*

**Wednesday March 25, 2020 at 7pm**  
*St. Charles Garnier Library (limited seating available)*  
RSVP by: March 13

This **adult only** workshop is suitable for parents/guardians of all school aged children – JK to Grade 12  
Child supervision available

*Please return this portion to the school by **March 13***

☐ Yes, I would like to learn more about supporting my child's mental health at this **FREE** Parent Workshop

Name(s) of Attendee(s): \_\_\_\_\_

Child's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Child Supervision Required? ☐ Yes \_\_\_\_ # of children  
☐ No

*Children will be supervised by volunteers*

