

## St. Nicholas Catholic School

480 Keith Avenue, Newmarket, Ontario L3X 1V5  
Telephone: (905) 895-3777 Fax: (905) 895-3739



we are gifted with each other

Tuesday, May 28, 2019.

Dear Parents/Guardians;

CONGRATULATIONS! Your child has successfully placed at the St. Nicholas School Track and Field Day and has now been invited to the YCDSB Track and Field Meet!

The Board Track and Field Meet will be held on **Tuesday, June 4, 2019** at **St. Max Kolbe CHS**. The event will start at 9:30 a.m., with opening prayer and will be finished before 2:00 p.m.

All students competing will be provided transportation by bus to and from St. Nicholas School. Spectators are always welcome and are asked to please meet us at the event.

On the day of the Meet, please ensure that your child has lots of water and food for the entire day. As well, please bring proper clothing and shoes for running/movement as well as clothing for being outside in warm weather. A hat, sunscreen, and light clothing that covers up is recommended

In order for your child to attend please complete the attached **INFORMED CONSENT PERMISSION FOR EDUCATION TRIPS ELEMENTS OF RISK** form and return it to school by Thursday, May 30, 2019.

Thank you for your cooperation and support.

L. Macaluso  
N. Masi  
C. De Angelis  
**Coaches**

D. Vance  
**Principal/Coach**



**York Catholic District School Board**  
**INFORMED CONSENT/PERMISSION FORM FOR SPORTS TEAMS**

St. Nicholas Catholic Elementary

School is arranging to have its

Track & Field Team

team participate in a variety of exhibition

*(name of Sports Team, eg., Girls Intermediate Volleyball Team)*

games/matches and tournaments during the months of: June 2019.

*(list the months; i.e.: from January to March)*

Cost per student \$ NIL (Please attach a cheque payable to the name of the school)

Cost covers \_\_\_\_\_

**THIS FORM MUST BE READ AND SIGNED BY EVERY STUDENT WHO WISHES TO PARTICIPATE, AND BY A PARENT OR GUARDIAN OF A PARTICIPATING STUDENT.**

**ELEMENTS OF RISK:**

Educational activity programs, such as participation in this team sport involve certain elements of risk. Falls, collisions and other incidents may occur, causing injury. The following list includes, but is not limited to, examples of the types of injury which may result from participating in Track & Field Team.

*(describe sport)*

1. Bumps & bruising; muscle sprain & strain
2. Fainting; shortness of breath; dehydration
3. Cuts & scrapes; broken bones; dental injuries
4. Head, neck and back injuries
5. Concussion
6. Transportation Injuries
7. Death and Dismemberment

The risk of sustaining these types of injuries result from the nature of the activity and can occur without any fault of either the student, or the school board, its employees/agents or the facility where the activity is taking place. By choosing to take part in this activity, you are accepting the risk that you/your child may be injured. The chance of an injury occurring can be reduced by carefully following instructions at all times while engaged in the activity. If you choose to participate in this team sport during the months of indicated above, you must understand that you bear the responsibility for any injury that might occur. The York Catholic District School Board does not provide accidental death, disability, dismemberment or medical expense insurance on behalf of the students participating in this activity.

**POLICY 212: CONCUSSIONS:**

*Policy 212: Concussions* will be followed if a student has sustained a hit or blow to the head or body and shows signs or symptoms of concussion. *Policy 212: Concussions* is available at [www.ycdsb.ca](http://www.ycdsb.ca). Management of concussion is key to supporting the student during recovery. Please be advised that your son or daughter will be asked to seek medical attention if signs and symptoms of concussion arise. You are advised to view Dr. Evans YouTube video with your son or daughter [http://www.youtube.com/watch?v=\\_55YmbIG9YM](http://www.youtube.com/watch?v=_55YmbIG9YM).

**ACKNOWLEDGEMENT:**

**WE HAVE READ THE ABOVE REGARDING: 1) ELEMENTS OF RISK AND 2) POLICY 212: CONCUSSIONS**

**WE HAVE ALSO DISCUSSED THE SIGNS AND SYMPTOMS OF CONCUSSION AND MANAGEMENT OF CONCUSSION WITH OUR CHILD BASED ON CONCUSSION GUIDELINES FOR PARENTS & CAREGIVERS AND/OR DR. EVANS YOUTUBE VIDEO.**

**WE UNDERSTAND THAT PARTICIPATING IN THE ACTIVITY DESCRIBED ABOVE, WE ARE ASSUMING THE RISKS ASSOCIATED WITH DOING SO.**

Signature of Student: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Permission

I give \_\_\_\_\_ permission to participate on the Track & Field Team during the months of June of 2019.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_