

December, 2019

Dear Parents,

As part of our physical education program, for our grade 4 to 8 students, we have scheduled **three days of downhill skiing/snowboarding at Snow Valley Resort** just outside of Barrie. This is a rewarding and memory filled event for the students and we hope that all students will get to participate.

The excursions are scheduled for **January 22, January 29 and February 5, 2020**. On each of the days we will be leaving school shortly after 8:30 and will return at approximately 5:00 in the evening. Since we will be returning after the end of the school day, parents will be required to make alternate transportation arrangements for their child(ren) to get home upon return to the school.

We will be offering Ski and Snowboard packages and the prices are identified below. Enclosed you will find the following permission and information forms: Trip Checklist, YCDSB Informed Consent/Permission Forms (2) and the Ski Snow Valley Liability and Permission Form. Each of these forms should be read and discussed with your child prior to signing them to ensure full understanding of each form. In addition please note that the wearing of CSA approved helmets is MANDATORY for this excursion.

The cost breakdown for each week is as follows:

| | |
|------------------------------|---------|
| Bus, Lift Ticket and Lesson | \$45.00 |
| Ski and Helmet Rentals | \$17.00 |
| Snowboard and Helmet Rentals | \$17.00 |
| Helmet Rental | \$5.00 |

On the attached CHECKLIST the various packages are identified; please select the appropriate package.

We are in need of parent volunteers to assist with supervision during this trip so any interested parents who are proficient skiers or snowboarders are asked to please indicate this on the attached CHECKLIST as well.

Payment for this trip is available on Healthy Hunger. We do realize that this excursion is a bit expensive and to alleviate this we will also accept post dated cheques dated January 22, January 29 and February 5, each for ⅓ of the total cost.

Please submit payment and complete and return the attached permission package with your child no later than Friday, January 10, 2020.

Thank you for your support and cooperation.

Mr. Zorzi and Mrs. Totten

Ski / Snowboard Trip Checklist

Student Name: _____ Grade: _____

- ☐ I understand that in order to participate, my child **MUST BE ON THE BUS** to and from Snow Valley
- ☐ Permission and liability forms have been read and discussed with our child
- ☐ Transportation arrangements home at 5:00 each evening are as follows

My son/daughter will walk / get a ride home (please circle one). I give permission for my son/daughter to get a ride with _____

| Package | ✓ | Description | Price |
|---------|---|---|------------------|
| A | | Bus, lift ticket, lesson | \$135 (\$45 x 3) |
| B | | Bus, lift ticket, lesson, ski and helmet rental | \$201 (\$67 x 3) |
| C | | Bus, lift ticket, lesson, snowboard and helmet rental | \$201 (\$67 x 3) |
| D | | Bus, lift ticket, lesson and helmet rental | \$150 (\$50 x 3) |

- ☐ I have paid through HEALTHY HUNGER
- OR
- ☐ I have paid by post-dated cheques
- ☐ I am a proficient skier/snowboarder and am available to assist with supervision. I understand that I am required to wear a CSA approved helmet as well.

Parent Signature: _____ Date: _____

**INFORMED CONSENT/PERMISSION FOR EDUCATION TRIPS**
ELEMENTS OF RISK: ACTIVITY SPECIFICSt. Nicholas / St. John Chrysostom
arranging

is

(name of school)

Skiing / Snowboarding January 22, January 29 and February 5 2020

(description of activity and dates)

THIS FORM MUST BE READ AND SIGNED BY EVERY STUDENT WHO WISHES TO PARTICIPATE, AND BY A PARENT OR GUARDIAN OF A PARTICIPATING STUDENT.

ELEMENTS OF RISK:

Educational activity programs, such as skiing / snowboarding involve certain elements of risk. Injuries may occur while participating in these activities. The following list includes, but is not limited to, examples of the types of injury which may result from participating in skiing / snowboarding:
(describe activity)

1. Concussions
2. Sprains
3. Broken Bones
4. Accidental Death

The risk of sustaining these types of injuries result from the nature of the activity and can occur without any fault of either the student, or the school board, its' employees/agents or the facility where the activity is taking place. By choosing to take part in this activity, you are accepting the risk that you/your child may be injured.

The chance of an injury occurring can be reduced by carefully following instructions at all times while engaged in the activity.

The York Catholic District School Board does not provide accidental death, disability, dismemberment or medical expense insurance on behalf of the students participating in this activity. If you do not have this type of coverage, you may purchase Student Accident Insurance through the Board's provider at www.insuremykids.com, or by calling toll free at 1-800-463-5437.

ACKNOWLEDGEMENT:

WE HAVE READ THE ABOVE. WE UNDERSTAND THAT IN PARTICIPATING IN THE ACTIVITY DESCRIBED ABOVE, WE ARE ASSUMING THE RISKS ASSOCIATED WITH DOING SO.

| | |
|-------------------------------|-------|
| Signature of Student: | Date: |
| Signature of Parent/Guardian: | Date: |

PERMISSION:

| | |
|--|-------------|
| I give _____ permission to participate in the _____ (name of student) (description of activity) | |
| to be held on or about _____, 2018. | |
| Signature of Parent/Guardian; (Students Under 18 Years) | Date: _____ |



York Catholic District School Board

Admin 79
Rev. Feb. 2010
RM #L03

**INFORMED CONSENT/PERMISSION FORM
FOR SKI/SNOWBOARD EXCURSIONS**

St. Nicholas CES is arranging a trip for pupils to go to Snow Valley Ski Resort to ski (snowboard/snowblade/ other). This signed form is required for all pupils who wish to participate in this outdoor recreation and snow sport education program. It should be understood that the purpose of this excursion is educational. Lessons are mandatory.

INHERENT RISK

Skiing/Snowboarding/other is a sport with physical demands and inherent risks, which are beyond the control of Snow Valley Ski Resort and the York Catholic District School Board. Falls, collisions and other incidents may occur which result in serious injury or death. Participants must assume the inherent risks of the sport.

Following all rules and procedures can reduce the risk of injury. Failure to follow rules will result in the pupil losing their lift ticket and future resort privileges.

EQUIPMENT

Snow Valley Ski Resort provides rental equipment. Bindings on equipment reduce the risk of injury when falling. They will not release under all circumstances and they do not guarantee safety in all cases. Parents must accept responsibility for equipment that is lost or damaged (other than reasonable wear and tear).

All participants must wear an appropriate snow sport helmet for school excursions to OSRA member facilities. OSBIE recommends that schools adopt a mandatory snow sport helmet policy regardless of ski facility locations.

ALPINE RESPONSIBILITY CODE

The Ontario Snow Resorts Association has produced a Responsibility Code which Snow Valley Ski Resort and the York Catholic District School Board requires that you know and obey. Skiers (Snowboarders) must always be in control and be able to stop and change direction to avoid collisions with people or objects.

Snow Valley Ski Resort may revoke a ski ticket for violation of the code or other unacceptable conduct.

ACKNOWLEDGEMENT

WE HAVE READ AND UNDERSTAND THESE WARNINGS AND HAVE IDENTIFIED MY CHILD'S SKI/SNOWBOARDING CLASSIFICATION (SEE REVERSE – Page 2) AS:

(Choose one only Non-Skier/Snowboarder/Snowblader Beginner Intermediate Advanced)

DATED: _____

SIGNATURE OF PUPIL: _____

SIGNATURE OF PARENT/GUARDIAN: _____

PERMISSION

I give my son/daughter, _____ permission to participate in Skiing/Snowboarding/Other _____ (write in specific Snow Sport) to be held at (Name of Resort) _____.

DATED: _____ SIGNATURE: _____

TO BE COMPLETED IN DUPLICATE – 1 COPY FOR SCHOOL FILE/1 COPY FOR RESORT

APPENDIX 1b



SPECIAL WINTER EXCURSION FORM / PARENTAL CONSENT

Participant Name: _____

School Name: _____

Select Activity: ☐ Skiing ☐ Snowboarding ☐ Snowshoeing ☐ Snowtubing ☐ Other _____

Ability: ☐ Non ☐ Beginner ☐ Intermediate ☐ Advanced Date of Visit(s): _____

| | |
|-------------------------------------|---|
| Non Skier or Non Snowboarder | First time skiing/snowboarding. Individual has never skied or snowboarded before. |
| Beginner | The student has skied or snowboarded once or twice or a few times per year and has experienced and maintained control on a number of novice hills of varying difficulty. He/she is able to stop and turn both directions with some success. They are comfortable on green/beginner and some blue/intermediate slopes. May need assistance with getting on or off the lifts. |
| Intermediate | The student has skied or snowboarded on many occasions and has experienced a variety of hills and different ski areas. He/she can turn and stop under control using recognized formal techniques. They can ski/board with confidence on blue slopes and possibly some black/advanced slopes. |
| Advanced | The student is an experienced and competent skier or snowboarder. He/she has received formal instruction, knows and understands the Alpine Responsibility Code and can demonstrate ability at an advanced level. Such students can be called upon to assist supervisors. |

IF RENTING EQUIPMENT, PLEASE COMPLETE

DATE OF BIRTH _____

HEIGHT cm _____

WEIGHT kg _____

SHOE SIZE _____

Rental Helmet Required Yes ☐ No ☐

RENTAL EQUIPMENT

Bindings on equipment reduce the risk of injury when falling. They will not release under all circumstances and they do not guarantee safety in all cases. Parents must accept responsibility for equipment that is lost or damaged (other than reasonable wear and tear).

ALPINE RESPONSIBILITY CODE

The Ontario Snow Resorts Association has produced an Alpine Responsibility Code which the named ski area, **Snow Valley Resort** and the named school board _____ requires that you know and obey.

Skiers/snowboarders must always ski/snowboard in control and be able to stop and change direction to avoid collisions with people or objects. The named ski area, **Snow Valley Resort**, may revoke a lift ticket for violation of the code or other unacceptable conduct.

All participants must wear an appropriate snow sport helmet for school excursions to OSRA member facilities.

OSBIE recommends that schools adopt a mandatory snow sport helmet policy regardless of ski facility locations.

Please include the named participant in the PARK program offered only to Advanced level skiers/ snowboarders. It is suggested that you and your son/daughter view the Smart Style safety video found at: www.terrainparksafety.org. In addition each ski area may have other requirements for entering their terrain park. ☐

Signature: Parent / Guardian _____

ACKNOWLEDGEMENT / INFORMED CONSENT

This signed form is required for all students who wish to participate in this outdoor recreation and snow sport education program. It should be understood that the purpose of this excursion is educational. Lessons are mandatory.

INHERENT RISK

Skiing/Snowboarding/Snowtubing/Snowshoeing/Other is a sport with physical demands and inherent risks which are beyond

the control of _____ and **Snow Valley Resort**
(Name of School Board) (Name of Ski Area)

The inherent risks include, but are not limited to: falling; use of lifts; collision with natural or man-made objects or other persons; changing weather conditions; changes or variations in the terrain or surface; exposed rocks, earth or ice; travel beyond the trail boundaries. Incidents may occur which result in serious injury or death. Participants **must assume** the inherent risks of the sport.

It is strongly recommended by the Ontario Snow Resorts Association that you visit their website: www.skiontario.ca to review the complete OSBIE document and safety information on this site prior to your school visit. Following all rules and procedures can reduce the risk of injury. Failure to follow the rules will result in the student losing their lift ticket and future resort privileges.

We have read and understood the above information, and agree to the regulations as outlined by the Ontario Snow Resort member Ski Area. I give my son/daughter permission to participate in the above noted activity at the ski area indicated.

Parent / Guardian Name _____

Signature _____

Date _____

LUNCH DEAL FOR SCHOOL GROUPS

MONDAY TO FRIDAY 11AM TO 3PM.



WOW

\$8.00

OPTION #1: HOT DOG **\$8.00**
250ml Milk or Juice Box or Fountain Pop tax incl.

OPTION #2: PIZZA SLICE **\$8.00**
250ml Milk or Juice Box or Fountain Pop tax incl.

All prices include HST.

Pre-orders or money collection not required.

Students choose an option and pay their Lunch Deal as individuals in our cafeterias.

Snow Valley's Cafeterias also offer a wide selection of Salads, Soups, Fruits & Vegetables, Hot Meals, Healthy Snacks as well as excellent Daily Specials!

Some examples include:

- | | | |
|---------------------|--------------------|----------------------|
| • 500ml Milk \$4.00 | • Hot Choc. \$3.50 | • Pizza Slice \$5.00 |
| • Hot Dog \$5.00 | • Burger \$6.00 | • Fries \$5.50 |
| • Chips \$2.00 | • Salads \$7.25 | • Wraps \$7.00 |