



**YORK CATHOLIC DISTRICT SCHOOL BOARD  
SPECIAL EDUCATION ADVISORY COMMITTEE  
AGENDA**

**Monday, April 13, 2026**

**6:30 p.m.**

**Catholic Education Centre**

**320 Bloomington Rd. West, Aurora, ON. L4G 0M1**

Questions? Please complete [this form](#) to submit any questions

***Land Acknowledgement:***

*We are gathered on the ancestral lands and waters of all Indigenous Peoples, who have left their footprints on Mother Earth before us. We respectfully acknowledge, those who have walked on it, those who walk on it now, and future generations who have yet to walk upon it. We pray to the Creator for strength and wisdom that all may continue to serve as stewards of the earth.*

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**Pages**

**1. OPENING PRAYER**

Gracious God,  
thank you for the gift of spring, for warmer days, and the beauty of creation awakening around us.

As the earth blooms with new life, we ask that you renew our hearts and minds for this meeting. Refresh our faith, strengthen our purpose, and guide us to act with hope and kindness.

May this season of renewal draw us closer together, allowing us to thrive in our shared goals.

In Your name, we pray.

Amen

**2. LAND ACKNOWLEDGEMENT**

**3. ROLL CALL**

**4. APPROVAL OF NEW MATERIAL**

**5. APPROVAL OF THE AGENDA**

**6. APPROVAL OF THE MINUTES OF PREVIOUS MEETING(S):**

4

**7. BUSINESS ARISING FROM MINUTES OF PREVIOUS MEETING**

**8. MOMENT OF INSPIRATION**

8.a Fr. Michael McGivney Adapted Books

Presented by: S. Troung and J. Does

**9. PRESENTATIONS**

9.a Easter Seals Presentation

Presented by: Easter Seals Association

9.b YCDSB Bocce Tournament

Presented by: L. Lausic














7











9.c Student Services Monthly Update













Presented by: J. Powers














- 10. **ACTION ITEM(S)**
- 11. **DISCUSSION ITEM(S)**
- 12. **INFORMATION ITEM(S)**
  - 12.a Transition Planning Symposium (May 7) 9
  - 12.b LDAYS 11
    - Monthly Report
    - Program information flyers
- 13. **NOTICES OF MOTION**
- 14. **FUTURE AGENDA ITEM(S) / REQUEST FOR INFORMATION**
  - 14.a Secondary Spring Dance
  - 14.b Special Education Plan Review
  - 14.c Special Education Budget
- 15. **NEXT MEETING**
  - May 4, 2026 at 6:30pm
- 16. **ADJOURNMENT**















Land Acknowledgement





 We  are  gathered  on  the  ancestral  lands  and  waters  of  all  Indigenous  Peoples,

 who  have  left  their  footprints  on  Mother  Earth  before  us .

 We  respectfully  acknowledge  those  who  have  walked  on  it ,  those  who  walk

 on  it  now ,  and  future  generations  who  have  yet  to  walk  upon  it .

 We  pray  to the  Creator  for  strength  and  wisdom  that  all  may  continue  to  serve

 as  stewards  of the  Earth .

Land Acknowledgement by YCDSB's First Nations, Métis and Inuit Steering Committee adapted with PCS by Alana Miraglia and Elaine Marshal in collaboration with SLP Department

**YORK CATHOLIC DISTRICT SCHOOL BOARD**  
**MINUTES**  
**of the SPECIAL EDUCATION ADVISORY COMMITTEE**

**Monday, March 2, 2026, 6:30 p.m.**

Members Present: J. Wigston, A. Grella, A. Connolly, S. Leckey, J. Man, A. Carter,  
D. Legris

Absent with Notice: M. Iafrate, C.Chen, Y. Zhou, N.Welch, N. Byrne, S. Byrne, M.  
Rennie, M. Bujan, S. Carnovale

Administration: J. Powers, L. Cippolone, L. Lausic

Recording Officer: C. Mong

Guests: L. La Rosa, G. Ferrigni, M. Prinzo

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- 1. OPENING PRAYER**
- 2. LAND ACKNOWLEDGEMENT**
- 3. ROLL CALL**
- 4. APPROVAL OF NEW MATERIAL**  
THAT the new material be approved as presented.
- 5. APPROVAL OF THE AGENDA**  
**Moved by:** D. Legris  
**Seconded by:** J. Wigston  
THAT the agenda be approved as presented.
- 6. APPROVAL OF THE MINUTES OF PREVIOUS MEETING(S):**  
**Moved by:** D. Legris  
**Seconded by:** A. Carter  
THAT the Minutes of February 23, 2026, be approved as presented.
- 7. BUSINESS ARISING FROM MINUTES OF PREVIOUS MEETING**
- 8. SEAC REPORT TO BOARD 2026-04**  
Received: D. Legris/ A. Connolly

**9. MOMENT OF INSPIRATION**

**9.1 Social Time at SJW!**

This video highlighted a pizza making activity for students at SJW, this activity provides real-life, concrete scenarios that help them become active, contributing members of society. Cooking with students with special needs provides them with hands-on, practical life skills, promotes independence, fosters teamwork, and creates meaningful opportunities to build confidence and self-esteem. At the end, students are able to enjoy the “fruits of their labour,” which has been both motivating and empowering for them. Together, they have made brownies, soups, chili, pizza, and next on the menu is lasagna!

**10. PRESENTATIONS**

**10.1 LDAYS Presentation**

This presentation highlighted LDAYS’s history, mission and vision. Shared information about common learning disabilities and the programs and services the association offers.

**10.2 Mental Health Department Mid-Year Presentation**

M. Prinzo, Mental Health Manager, presented an overview of the Tier 1 through Tier 3 programs delivered during term one, in addition to the staff training that was conducted. The presentation also emphasized the collaboration with other department in support of student mental health.

**10.3 Student Services Monthly Update**

Superintendent Powers presented a recap of programs and services delivered by the Student Services department over the last month.

**11. ACTION ITEM(S)**

**12. DISCUSSION ITEM(S)**

**13. INFORMATION ITEM(S)**

**13.1 Easter Seals**

**13.2 LDAYS Monthly Report**

**13.3 Community Living York South**

**13.4 York Hills Spring Programs**

**13.5 Post Secondary Education Accessibility Fair**

**14. NOTICES OF MOTION**

**15. FUTURE AGENDA ITEM(S) / REQUEST FOR INFORMATION**

**15.1 Easter Seals Presentation (April)**

**15.2 Best Buddies (May)**

**15.3 Bocce Tournament (Spring)**

**16. NEXT MEETING**

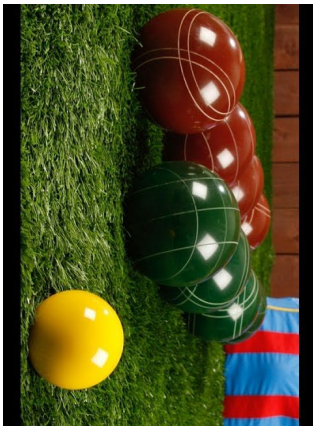
**17. ADJOURNMENT: 7:25pm**

**Moved by:** D. Legris

**Seconded by:** J. Wigston

**THAT** the meeting be adjourned.

# YCDSB Bocce Program - 2026



## Secondary Special Education @ YCDSB



- ❖ Approximately 190 secondary YCDSB students participated in an EAST and a WEST Tournament
- ❖ Eight teams from YCDSB were invited to the regional tournament on April 10th
- ❖ Student athletes are also invited to an all-inclusive tournament in May

## Background

- ❖ YCDSB partnership with Youth Bocce Canada
- ❖ YCDSB is celebrating 19 years of bocce play
- ❖ Bocce is open to all students with special needs
- ❖ Teams from all YCDSB high schools participate in the sport, under supervision of Special Education Teachers and Education Workers
- ❖ Teams from YCDSB participated in international tournaments
- ❖ International champions in 2010 and 2015

## Bocce 2026



## Bocce Tournament - February 2026





# Tournament Bracket



58 Tweeddale Drive  
Toronto, Ontario M2N 6L6  
Tel: 416-867-2429 • Fax: 416-867-4834  
www.youthbocce.org

## YORK CATHOLIC DISTRICT SCHOOL BOARD BOCCIE TOURNAMENT 2026 Wednesday, February 11, 2026- Maple CC, TIME: 9:30am- 12:30pm

**PLEASE NOTE**

**SCHOOLS:**  
 1 Team - Holy Cross  
 1 Team - St. John de Baptist  
 1 Team - St. Theresa of Lisieux  
 1 Team - St. James of Ass.

**9:00 - 9:10 Arrival**  
 9:10 - 9:45 Welcome/Prayer  
 10:00 - 10:45 Round 1  
 10:45 - 11:45 Round 2  
 11:45 - 12:15 (Award Presentation)  
 12:15 - 12:30 (Award and Trophy)  
 12:30 - Dismissal

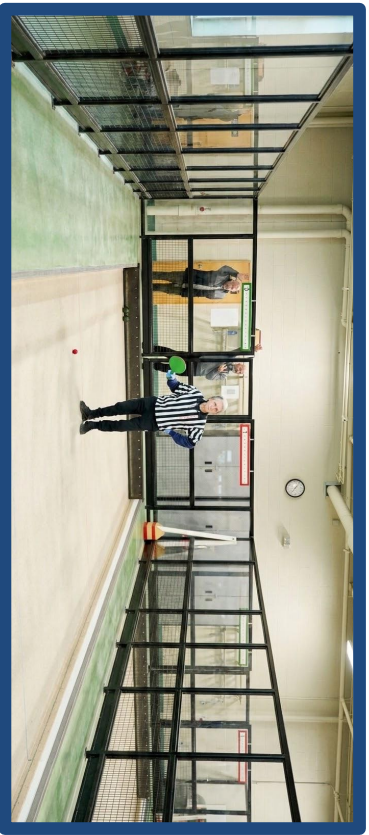
- All teams will play 2 games  
 - All teams will have a team photo  
 - All teams will have a team award

**Good Luck and Enjoy the Day!**

CONSOLATION GAMES		SHIP GAMES		FINALS	
Round 1 10:00-10:20	Round 2 11:00-11:20	Round 1 10:00-10:20	Round 2 11:00-11:20	Round 1 11:30-11:50	Round 2 12:00-12:20
Court 1	Holy Cross #1	Court 1	Holy Cross #2	Court 1	TROPHY
Court 2	St. Elizabeth #1	Court 2	St. Elizabeth #2	Court 2	TROPHY
Court 3	St. James of Ass. #1	Court 3	St. James of Ass. #2	Court 3	TROPHY
Court 4	St. John de Baptist #1	Court 4	St. John de Baptist #2	Court 4	TROPHY
<b>CONSOLATION GAMES</b>					
Court 1	Holy Cross #4	Court 2	St. John de Baptist #4	Court 3	Cardinal Carter #2
Court 2	St. John de Ass. #4	Court 3	St. James of Ass. #4	Court 4	St. John de Baptist #4
Court 3	St. Elizabeth #4	Court 4	St. Theresa of Lisieux #4		



# Volunteer Referees



# Special Guests



# Recognizing Lee Prioriello: Meritorious Service Medal





The York Catholic District School Board  
 Student Services Department  
 and the Special Education Advisory Committee  
 Invite you to Attend:



# LIFE AFTER HIGH SCHOOL: TRANSITION PLANNING SYMPOSIUM

Thursday, May 7th, 2026

6pm - 9pm

at York Catholic District School Board  
 320 Bloomington Rd W., Aurora, ON

- What?:** A symposium on post-secondary pathways, programs, and supports
- Who?:** Parent(s)/Guardian(s) of students with a Developmental or Intellectual Disability who want to plan for the future
- Why?:** To support early transition planning for students on alternative pathways



## AGENDA:

- 6:00 pm:** Programs Symposium in the Foyer  
 Tour Programs/Services Booths  
 \*Featuring New Programs and Services\*
- 7:30 pm:** Keynote Speaker  
 in the Board Room  
 Partners 4 Planning
- 8:00pm:** Questions and Answer Session

## REGISTRATION



[bit.ly/pepsymposium26](https://bit.ly/pepsymposium26)

Please REGISTER  
 by May 5th, 2026  
 to confirm your  
 attendance.

For Inquiries Contact: [pep@ycdsb.ca](mailto:pep@ycdsb.ca)



## SPECIAL GUESTS INCLUDE...



These organizations are operated outside of the YCDSB, inclusion in this symposium is not meant to be an endorsement of any single organization.



Special Education Advisory Committee (SEAC)



FAN: FULL ACCESS NETWORK



REGISTRATION



[bit.ly/pepsymposium26](http://bit.ly/pepsymposium26)



Please REGISTER by May 5th, 2026 to confirm your attendance.





# LDAYS • Learning Disabilities Association of York-Simcoe

*The right to learn, the power to achieve*

## **SEAC Reps - LDAYS Monthly Report - April 2026**

### **Spring 2026 PROGRAMS & SERVICES**

#### ***7th Annual Parent Conference***

We're excited to invite you to the **7th Annual LDAYS Parent Conference**. This event will provide parents with practical tools and strategies to help support children with learning disabilities in their learning, confidence, and overall well-being. Through engaging presentations from experienced experts, the conference will offer valuable insights and actionable ideas to help families support their children both academically and emotionally.

#### **Topics Include:**

- Ask the Experts: Advocacy and Accommodations
- Executive Function Essentials
- Raising Confident Kids with ADHD and Learning Disabilities
- Classrooms Designed with Access, Agency, and Wellbeing in Mind

**Date:** May 20th, 2026

**Time:** 6:30 PM to 8:00 PM

**Location:** Zoom (Virtual)

**Register [Here](#)**

Don't miss this opportunity to gain valuable tools and knowledge to support your child's learning journey!

This conference is a collaboration with the following LDA Chapters:

Niagara Region, Windsor-Essex, Toronto District, Chatham-Kent and London Region



# LDAYS • Learning Disabilities Association of York-Simcoe

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## ***Skills Builders Adventure Summer Camp (Ages 7–12)***

Registration is now open for our **Skills Builders Adventure Summer Camp**, designed for children with Learning Disabilities and ADHD. This camp focuses on building essential social and emotional skills in a safe, supportive, and fun environment.

### **Camp Highlights:**

- **Communication Skills:** Express themselves clearly, confidently, and effectively.
- **Self-Advocacy & Self-Esteem:** Build confidence and a strong sense of self-worth.
- **Problem-Solving & Conflict Resolution:** Handle challenges creatively and navigate tricky situations.
- **Emotional Regulation & Stress Management:** Manage emotions and cope with stress positively.
- **Bullying Awareness:** Build confidence and resilience in social situations.
- **Friendship Building:** Engage in teamwork-driven activities to foster meaningful connections.

Our camp uses the **PEERS® curriculum** and is led by accredited social service workers. Small group sizes ensure personalized attention.

### **Camp Locations & Dates:**

**Richmond Hill:** July 6–10, August 10–14 | 9 am–4 pm

**Newmarket:** July 20–24, August 17–21 | 9 am–4 pm

*Before and after care is available for a fee.*

**Full subsidies available for low- and middle-income households.** Complete the registration form to see if your family qualifies.

**Contact:** Heidi | 905-884-7933 ext. 3 | [heidi.rysan@ldays.org](mailto:heidi.rysan@ldays.org)

[More Info](#) | [Register](#) | [Flyer](#)

## **Homework & Beyond (Ages 8–12)**

A drop-in program combining academic help with social skills coaching in a positive, supportive environment. Partially subsidized.

Locations & Times:



# LDAYS • Learning Disabilities Association of York-Simcoe

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- King Township – King Township Public Library (1970 King Rd)  
Thursdays, May 7 – June 11 | 4:00–6:00 PM

*Outside the 8–12 age range? We'll arrange an intake call.*

Contact: Heidi | 905-884-7933 ext. 3 | [heidi.rysan@ldays.org](mailto:heidi.rysan@ldays.org)  
[More Info](#) | [Register](#) | [Flyer](#)

## **SoAR Mindful Transition Program**

For students in Grades 7 and 8, and 11 and 12 with LDs and/or ADHD. Build essential skills for school and beyond, study strategies, stress management, self-advocacy, and more. **Available in Group Format or One-to-One Sessions.**

**Group sessions** are designed for Grade 7–8 and Grade 11–12 students identified with Learning Disabilities and/or ADHD. The program includes four customized sessions held at the school, each lasting 45–60 minutes, with a 6:1 participant-to-facilitator ratio. If you are interested in bringing this program to your school, we would be happy to discuss how it can be tailored to meet your students' needs. Contact us to learn more, explore scheduling options, and help your students gain strategies for academic and social success.

**One-to-one** sessions follow the same four-session structure and are also designed for Grade 7 and 8, also Grade 11 and 12 students with Learning Disabilities and/or ADHD. These individualized sessions are offered either in person at the LDAYS office or virtually, with one participant paired with one facilitator. Sessions run for 45–60 minutes, and evening appointments may be available upon request.

Contact: Isabel at 905-884-7933 x7 | [Isabel.khudr@ldays.org](mailto:Isabel.khudr@ldays.org)  
[Information on SoAR Elementary](#)  
[Information on SoAR High School](#)

## **Level Up Tutoring (Grades 1–8)**

Personalized virtual support in **math and literacy**, tailored for students with LDs or ADHD. Boost confidence, build skills, and support your child's learning journey with 1:1 expert tutoring.

Contact: 905-884-7933 ext. 6 | [tutoringservices@ldays.org](mailto:tutoringservices@ldays.org)  
[Click here](#) to Learn More & Register | [Click here](#) for flyer



# LDAYS • Learning Disabilities Association of York-Simcoe

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## **Reading Rocks & JUMP Math (Ages 8–14)**

Targeted, 1:1 **literacy and math** interventions for students who are at least one year behind in their curriculum. Programs run 8 weeks, twice a week.

Contact: 905-884-7933 ext. 6 | [tutoringservices@ldays.org](mailto:tutoringservices@ldays.org)

[Click here](#) to Learn More & Register

[Click here](#) for Reading Rocks flyer | [Click here](#) for JUMP Math flyer

## **AWARENESS & ADVOCACY**

### **Educational Presentations & Speaking Engagements**

#### **LD 101 Awareness Presentations – For Schools & Families**

Book our 1-hour, interactive sessions for teachers, students, or parents to better understand learning disabilities and how to support all our learners.

Book today: 905-884-7933 ext. 1 | [info@ldays.org](mailto:info@ldays.org)

#### **Champions – Real Stories, Real Impact**

Our Champions share powerful personal stories about living and learning with LDs and ADHD. Perfect for school assemblies, events, or community sessions.

Invite a speaker: 905-884-7933 ext. 1 | [info@ldays.org](mailto:info@ldays.org)

Teachers and students are invited to tune into our LDAYS Podcast – LDAYS Plugged In! Join hosts Anthony and Angelica, LDAYS Ambassadors, as they sit down and take you through essential topics in the world of learning disabilities (LDs).

[Click here](#) to listen

#### **Top inquiries from parents:**

- Lack of resources for students with IEPs, particularly limited access to SERT support. Without enough time and individualized attention, students may struggle to meet their learning needs, impacting both their progress and well-being.

**Thank you for your ongoing support. We appreciate all of the hard work you do!**

# 7<sup>TH</sup> ANNUAL LDA PARENT CONFERENCE

Wednesday May 20, 2026. 6:00 p.m. - 8:00 p.m. - Via Zoom



**Dr. Laurie Faith**

## **Executive Function Essentials**

Learn five essential things about EXECUTIVE FUNCTION to support success at home, work, school, and in relationships.

## **Karen Wolff and Ann Wolff: Wolff Educational Services**

### **Ask the experts: Advocacy and Accommodations**

Karen and Ann will address questions in a Q&A format addressing topics such as IEPs, resource support, accommodations and modifications.



**Kara Dymond, OCT, Ph.D.**

## **Classrooms Designed with Access, Agency, and Wellbeing in Mind**

In this webinar, Kara will share ideas to open up participation options, lesson activities, and assessments for all kinds of minds.

**Nicky Lightstone, RP, B.A., MACP**

## **Raising Confident Kids with ADHD and Learning Disabilities**

This session provides practical strategies for supporting children and teens with ADHD and learning disabilities in managing stress, anxiety, and self-esteem.



## **Participating Chapters**

**Chatham-Kent  
Niagara Region  
Windsor-Essex**

**London Region  
Toronto District**

This is a **FREE** event  
For information  
contact your local  
LDA chapter or

[\*\*Register Here\*\*](#)



**RESERVE  
YOUR SPOT  
TODAY!**

**\*Space is limited\***

## Date & Time

**Dates:** May 7, 2026 to June 11, 2026

**Time:** 4:00 pm to 6:00 pm

**Location:** 1970 King Road



**Subsidized fee** of only \$20!

## Register Here



For more information please contact:

**905-884-7933 ext. 3 or  
heidi.rysan@ldays.org**

## After School Program: Homework & Beyond

### *Where Tutoring Meets Social Skills*

Homework & Beyond is a 6-week program for students with learning disabilities. It provides academic support and engaging group activities designed to enhance communication skills, recognize individual learning styles, and build self-regulation strategies both in school and in social settings.

## What to Expect

- **Individualized academic support** to help students excel in school.
- **Social skills enhancement** to build confidence and improve interactions.
- **A flexible, supportive environment** that meets students' unique needs.



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Association of York-Simcoe  
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# JUMP MATH

**STRUCTURED INTERVENTION PROGRAM**

Virtual  
Program

**REGISTRATION  
NOW OPEN!**

\*Space is limited\*

## Jump Math!

JUMP Math is an individualized tutoring program for students aged 7-14 who are performing a minimum of one year behind in the area of math due to a diagnosed, identified, or suspected math disability (dyscalculia), and who are showing signs of math anxiety.

Participants work one on one with a trained numeracy tutor to build foundational math skills and computational fluency. Sessions are taught using a combination of direct instruction and engaging math games and activities. Participants are also able to set goals and visualize their progress throughout the program in order to foster math confidence.

Program will run 8 weeks, twice a week.  
Session dates and times are flexible.

## Register

To register please visit our website. For more information please contact:

(905) 884-7933 ext. 6  
[tutoringservices@ldays.org](mailto:tutoringservices@ldays.org)

## Pricing

\$500 for Members  
\$550 for Non-members  
\*Subsidies available\*



Register Here



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905-884-7933 ext. 6  
[tutoringservices@ldays.org](mailto:tutoringservices@ldays.org)

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## Pricing

4 week program cost  
Members: \$100  
Non-Members: \$120

## Private Tutor Program: Grades 1-8

### Tailored Learning Designed for Every Child's Needs

Personalized, one-on-one tutoring that builds skills and confidence in reading, math, and more. Designed for students with diagnosed or suspected learning disabilities and/or ADHD.

#### Why Families Choose Us:

- Tutors who understand unique learning needs
- Weekly 1:1 sessions with the same tutor
- Support in core subjects and important learning skills
- Homework help using school materials
- Flexible and personalized learning

#### How It Works:

- One-hour online sessions, once a week
- Tutors adapt to your child's pace and style
- Optional extra sessions available



# READING ROCKS

## PROGRAM FOR LITERACY

Virtual  
Program

**REGISTRATION  
NOW OPEN!**

\*Space is limited\*

## Register

To register please visit our [website](#).

For more information please contact:

(905) 884-7933 ext. 6  
[tutoringservices@ldays.org](mailto:tutoringservices@ldays.org)

## Pricing

\$500 for Members  
\$550 for Non-members  
\*Subsidies available\*

## Reading Rocks!

Reading Rocks is an individualized virtual reading intervention program designed by Brock University's Dr. John McNamara, who specializes in Learning Disabilities. This program is designed for students who ages 8-15 are performing a minimum of one year behind in the area of literacy due to a diagnosed or suspected reading disability.

In addition to foundational literacy skills, Reading Rocks is an intervention approach that uses motivational tactics to engage children in the reading process. These tactics are designed to actively engage children in their own learning.

The motivation tactics are engaged through the use of instructional workstations that tutors design and tailor to each child's needs.

The Reading Rocks approach is designed to be delivered in a series of 1-hour instructional sessions.

Program will run 8 weeks twice a week on flexible dates and times



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# SOAR Mindful Transitions 1-to-1 Sessions



**Register for Elementary**



**Register for High School**

## Location

9030 Leslie St., Suite 216 Richmond Hill  
or Virtual

## Pricing

**\$150** for members  
**\$200** for non-members  
*\*Subsidies Available*

## For More Information

Contact Isabel Khudr  
905-884-7933 ext. 7  
[isabel.khudr@ldays.org](mailto:isabel.khudr@ldays.org)

## For Individual Students

**in grade 7 or 8 and grade 11 or 12 identified with a Learning Disability and/or ADHD**

The SoAR program empowers students by providing them with the tools to develop skills and strategies for a successful transition into high school and beyond. With personalized 1-to-1 learning and interactive activities, participants can feel empowered to SOAR into their next life steps!

## Learning Objectives:

- Understanding LDs/ADHD and learning preferences
  - i.e. review psycho-educational assessment
- Develop self-advocacy strategies for success
  - i.e. review Individual Education Plan (I.E.P)
- Build executive function skills
  - i.e. organization, time management, etc.
- Preparation for school assessments
  - i.e. tests, exams, assignments
- Successful transitions into high school and/or post-secondary endeavors to ease anxiety and stress



# SOAR Mindful Transitions Elementary School



**Register Online**

*Brought directly to  
your classroom!*

## Program Format

4 Sessions

6 participants per group

## Pricing

**\$240** per group

## For More Information

Contact Isabel Khudr  
905-884-7933 ext. 7  
[isabel.khudr@ldays.org](mailto:isabel.khudr@ldays.org)

## For Students Transitioning to High School

**in grade 7 or 8 identified with a Learning Disability and/or  
ADHD**

The SoAR program empowers students by providing them with the tools to develop skills and strategies for a successful transition into high school and beyond. With collaborative group learning and interactive activities, participants can feel empowered to SOAR into high school!

## Learning Objectives:

- Understanding LDs/ADHD and learning preferences
  - i.e. review psycho-educational assessment
- Develop self-advocacy strategies for success
  - i.e. review Individual Education Plan (I.E.P)
- Build executive function skills
  - i.e. organization, time management, etc.
- Preparation for school assessments
  - i.e. tests, exams, assignments
- Successful transitions into high school to ease anxiety and stress



# SOAR Mindful Transitions Secondary School



**Register Online**

*Brought directly to  
your classroom!*

## Program Format

4 Sessions  
6 participants per group

## Pricing

**\$240** per group

## For More Information

Contact Isabel Khudr  
905-884-7933 ext. 7  
[isabel.khudr@ldays.org](mailto:isabel.khudr@ldays.org)

## For Students Transitioning to Post-Secondary or Workplace

**in grade 11 or 12 identified with a Learning Disability  
and/or ADHD**

The SoAR program empowers students by providing them with the tools to develop skills and strategies for a successful transition into post-secondary and/or the workplace. Through collaborative group learning, participants can feel empowered to SOAR into post-secondary life and beyond!

## Learning Objectives:

- Understanding LDs/ADHD and learning preferences
- Develop self-advocacy strategies for success
  - i.e. review Individual Education Plan (I.E.P.)
- Build executive function skills
  - i.e. organization, time management, etc.
- Preparation for post-secondary school assessments
  - i.e. tests, exams, assignments
- Successful transitions to post-secondary endeavors to ease anxiety or stress
  - i.e. workplace, apprenticeships, College, University



Celebrating 50 Years  
**LDAYS** - Learning Disabilities  
 Association of York-Simcoe

**SOCIAL SKILLS**  
 SUMMER 2026

# Summer Camp

Social Skills  
 Summer Camp  
**REGISTRATION  
 NOW OPEN!**  
 \*Space is limited\*

## Date & Time

Monday to Friday

**Richmond Hill:**

July 6 to 10  
 August 10 to 14  
 9 AM to 4 PM

**Newmarket:**

July 20 to 24  
 August 24 to 28  
 9 AM to 4 PM

**Innisfil:**

August 17 to 21  
 9 AM to 4 PM

## Subsidy available

For low to middle income households

## Register Here



An interactive Summer Camp designed for children and youth (ages 8–12) with Learning Disabilities and/or ADHD. A safe, encouraging, and positive environment, where learning social skills has never been so much fun! Each week features an exciting new theme packed with engaging activities. From nature walks and arts and crafts to sports and outdoor swimming. A space where campers will build confidence, make friends, and strengthen social and emotional skills through group-based play therapy approaches, teamwork, and hands-on learning. Through our Summer Camp, your child will develop skills such as:

- Effective Communication & Listening
- Making and Keeping Friends
- Coping with Emotions & Stress
- Conflict Resolution & Problem Solving
- Self-Advocacy & Self-Esteem
- Understanding Bullying & Cyberbullying

Our program uses the proven PEERS® curriculum for social skills training, led by registered social service workers dedicated to your child's growth and success.