# YORK CATHOLIC DISTRICT SCHOOL BOARD

Guided by Gospel Values and Catholic Virtues, in partnership with home and Church, we educate and inspire all students to reach their full potential in a safe and caring environment.

# 

SPECIAL EDUCATION ADVISORY COMMITTEE

Questions? Please complete this form to submit any questions Link: https://forms.gle/o7CuzGWgg82DL6SE7

January 13, 2025 Hybrid Meeting

CEC: 320 Bloomington Rd W Aurora Ontario Board Room

7:00 to 9:00 p.m.

# Live Stream Link:

http://bit.ly/YCDSB-TV

#### LAND ACKNOWLEGEMENT

We are gathered on the ancestral lands and waters of all Indigenous Peoples, who have left their footprints on Mother Earth before us. We respectfully acknowledge those who have walked on it, those who walk on it now, and future generations who have yet to walk on it. We pray to the Creator for strength and wisdom that all may continue to serve as stewards of the earth.

	Time	Item	Resource	Page
1.0	7:00	OPENING PRAYER / LAND ACKNOWLEDGEMENT	A. Grella/ D. Legris	
2.0	7:02	ROLL CALL	A. Grella	
3.0	7:04	APPROVAL OF NEW MATERIAL	A. Grella	
4.0	7:25	APPROVAL OF THE AGENDA – January 13, 2025	A. Grella	
5.0	7:26	APPROVAL OF PREVIOUS MINUTES – December 9, 2024	A. Grella	3
6.0	7:27	BUSINESS ARISING FROM PREVIOUS MINUTES - NIL	A. Grella	
7.0	7:28	SEAC REPORT TO BOARD Report 2025:01 – December 2024	A. Grella	5
8.0	7:05	MOMENT OF INSPIRATION AAC Christmas Video	J. Duff	
9.0	7:30	PRESENTATIONS		
		9.1 Mental Health Updates	M. Prinzo	6
		9.2 ABA Team Pilot Projects	J. Lee, I. McCarthy, J. Neiman	
		9.3 Early Facilitation Parent Information Evening 9.3 Student Services Monthly update	E Strano J. Powers	9
10.0	8:30	ACTION ITEM(S)	A. Grella	
11.0	8:33	DISCUSSIONS ITEM(S)	A. Grella	
12.0	8:35	INFORMATION ITEM(S)		
		12.1 SEAC Meeting dates 12.2 Association News	A. Grella SEAC Representatives	10
		LDAYS: Monthly Report & Flyers	LDAYS	11
13.0	8:40	NOTICE OF MOTION	A. Grella	
14.0	8:55	FUTURE ITEM(S)	A. Grella	
15.0	8:58	Next Meeting: February 12, 2025	A. Grella	
16.0	9:00	ADJOURNMENT	A. Grella	



Land Acknowledgement by YCDSB's First Nations, Métis and Inuit Steering Committee adapted with PCS by Alana Miraglia and Elaine Marshal in collaboration with SLP Department

# YORK CATHOLIC DISTRICT SCHOOL BOARD

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### MINUTES of the SPECIAL EDUCATION ADVISORY COMMITTEE

A regular meeting was held in a hybrid format in person at CEC, 320 Bloomington Rd. W and virtually over Google Meet on **November 11, 2024** at **7:00 p.m.** 

#### PRESENT:

Committee Members:	A.Carter*, N, Byrne*, A. Connolly*, A. Grella, D. Legris, S. Leckey*, M. Xue Y. Zhou*
Association Representatives:	M. Marcello*, C. Sandig*
Administration:	J. Akleh*, M. Marcello*, C. Sandig*
Regrets:	A.Cabraja, L.Lausic, J. Powers, E. Strano
Recording:	C. Mong*
Guest Presenters:	J. Barilla, Itinerant Autism Intervention Teacher YCDSB L. Cipollone, Itinerant Autism Intervention Teacher YCDSB P. Evanoff, Itinerant Autism Intervention Teacher YCDSB J. Rea, Parent of Alumni T. Rousseau, Itinerant Autism Intervention Teacher YCDSB

\*Denotes virtual attendance

#### **CALL TO ORDER / ATTENDANCE**

#### 1.0 Prayer and Land Acknowledgement

- 2.0 Roll Call
- 3.0 Election of Chair Nomination approved for SEAC Chair:
- 4.0 Election of Vice Chair Nomination approved for SEAC Vice-Chair: Diane Legris
- 5.0 Approval of Terms of Reference (Byrne / Xue)
- 6.0 Approval of New Material Motion- New Material approved (Connolly / Byrne)
- 7.0 Approval of Agenda December 9, 2024 Motion– Agenda approved (Legris / Zhou)

#### 8.0 Moment of Inspiration

Patricia's Story Presented by Mr. J. Rea highlights how the YCDSB's PACE program changed Patricia's life as a twice exceptional student – igniting a passion for science that has taken her further than her parents could have dreamed.

Angela Grella

- 9.0 Approval of the Previous Minutes Motion - Minutes approved (Legris / Byrne)
- 10.0 Business Arising from Previous Minutes Nil

#### 11.0 Presentations / Discussions

11.1 Itinerant Autism Intervention Teacher

• The IAIT team shared their role and rationale of the program. The presentation included photos from current classrooms and feedback from school principals.

### 12.0 Action Items

Nil

13.0 Discussion Items Nil

#### 14.0 Information Items

12.1 Board Meeting Date: December 17, 2024
12.2 SEAC Report to Board: Report 2024-11 November 2024
12.3 LDSB SEAC letter to Ontario College of Teachers
12.4 MASCE Update
Items Received (Legris / Xue)

- 15.0 Notice of Motion Nil
- **Association News**LDAYS: Winter Programs, Monthly Report Flyers attached
- 15.0 Future Items
  - Mental Health Department Updates
  - ABA Team Projects
- 16.0 Next Meeting: Monday January 13, 2024 @ 7:00 p.m. in a hybrid format over Google Meet and at CEC Board office, 320 Bloomington Rd W Aurora ON.
- **17.0 Motion to adjourn at 8:26 p.m.** Meeting adjourned (Legris / Xue)

### YORK CATHOLIC DISTRICT SCHOOL BOARD

# SPECIAL EDUCATION ADVISORY COMMITTEE REPORT NO. 2024: 01

### **To: Regular Board Meeting**

### December 17, 2024

A meeting of the Special Education Advisory Committee was held on **December 09, 2024** in a hybrid format in person at the CEC, 320 Bloomington Rd. W and virtually over Google meet.

### PRESENT:

Committee Members:	A.Carter*, N, Byrne*, A. Connolly*, A. Grella, D. Legris, S. Leckey*, M. Xue Y. Zhou*
Association Representatives:	J. Akleh*, M. Marcello*, C. Sandig*
Administration:	A.Cabraja, L.Lausic, J. Powers, E. Strano
Regrets:	J. Man, N. Welch, J. Wigston
Recording	C. Mong
Guests:	J. Barilla, Itinerant Autism Intervention Teacher YCDSB L. Cipollone, Itinerant Autism Intervention Teacher YCDSB P. Evanoff, Itinerant Autism Intervention Teacher YCDSB J. Rea, Parent of Alumni T. Rousseau, Itinerant Autism Intervention Teacher YCDSB

\*Denotes Virtual attendance

### 1. ACTION ITEM(S): NIL

### 2. CORRESPONDENCE:

• LDSB SEAC Letter to Ontario College of Teachers

### 3. PRESENTATIONS/DISCUSSIONS/INFORMATION:

• Itinerant Austims Intervention Teacher Team Presentation

### 4. ASSOCIATION REPORTS:

• LDAYS: Winter programs and Monthly Report

### 5. ITEMS FOR FUTURE AGENDA:

- Mental Health Department Updates
- ABA Team Projects

#### 6. NEXT MEETING: January 13, 2025

A. GRELLA, CHAIR, SEAC

# Mental Health @ YCDSB Updates

# Michelle Prinzo, M.A., C. Psych. Assoc. Jan. 2025



# Who we are.....









# Tier 1:

 Redeveloped All About Anxiety with an Inside Out 2 theme and delivered 160 workshops to over 4000 students

What the team has been up to...

- Prepped and delivered Prepare, Prevent Respond to staff at 6 high schools on PA Days
- Prepped and delivered Emotion Validation training to education workers on PA Days
- Prepped and delivered presentations to students and staff
- Attended parent/teacher interview and curriculum nights



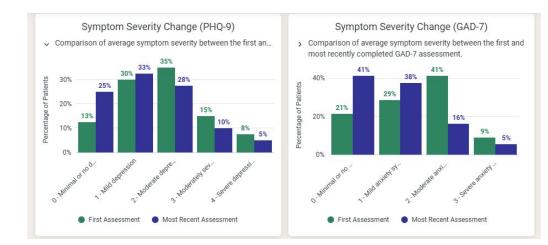


Tier 2:

- Consulted around mental health concerns for 312 students
- Facilitated 13 Trails for Wellness groups
- Facilitated 10 Confident me workshops for spec ed classes

Tier 3:

- Provided individual psychotherapy to 176 students
- Provided on call crisis support to 42 students
- Supported 12 students requesting home instruction





# The mental health lead instructional teacher:

# What else is going on?

- Collaborating with YSCPC and YCPIC to develop parent engagement nights around the topics of vaping and cellphone use
  - Supporting staff and student mental health ambassadors
  - Preparing for student led mental health symposium days in the spring
  - Delivered suicide intervention training to all new guidance counselors and chaplains
  - Collaborating with York Hills on the development of the Youth Wellness Hub coming to Vaughan
  - Participating on the York Region Mental Health Action table
  - Board level crisis response
  - Delivered professional development to occasional teachers

- has delivered 24 lunch n' learns
- has overseen the training and implementation of the Mind Up pilot project.
- has delivered professional development for gr 7,8 and gr 10 careers teachers on the mandatory mental health lessons delivered professional development for NTIP
- delivered professional development to gr 9 religion teachers around student mh literacy lessons
- provided consultations to administration around their MYSP mental health goal
- provided consultation to teachers around bringing mental health initiatives into the classroom



- In addition to Mind Up, the ABA team is piloting two other Tier 1 programs:
  - -Secret Agency Society
  - Preschool Life Skills
- The Behaviour Resource team completed training to support students with vaping





**York Catholic District School Board** 



Student Services will be hosting an

Information Session For: Parents of Children with Exceptional Needs Registering for Year 1/Junior Kindergarten Entering School September 2025



# You are invited to attend our in person parent information session to learn about our Special Education Programs and Services

IN PERSON PARENT INFORMATION SESSION (This session will be live-streamed)

THURSDAY, JANUARY 30, 2025 CEC BOARDROOM - 320 Bloomington Rd W, Aurora 7:00 pm - 8:30 pm

Please click on the link below to register. Upon registration, a link to the virtual session will be provided.

> To register click on: https://forms.gle/rTdDct8gzPAuas5z9 Deadline for Registration: January 28, 2025

#### **Mission Statement**

Guided by Gospel values and Catholic Virtues, in partnership with home and Church, we educate and inspire all students to reach their full potential in a safe and caring environment.

#### Vision Statement

Our students will become creative and critical thinkers who integrate Catholic Values into their daily lives, as socially responsible global citizens.

Core Values	;
Excellence Equity	
Fiscal Responsibility Catholicity Inclusion	
Integrity Respect	

#### Strategic Commitments





# YCDSB SEAC Meeting Dates

2024-2025

September 16, 2024

October 21, 2024

November 11, 2024

December 16, 2024

January 13, 2025

February 10, 2025

March 3, 2025

April 7, 2025

May 5, 2025

June 9, 2025

Meeting date changes made in red



Learning Together in Chri Engaging, Enabling, Empowering

# SEAC Reps - LDAYS Monthly Report - January 2025

\*\*As the holiday season approaches, please note that the LDAYS office will be closed December 20, 2024 at 4pm and will reopen on January 6th, 2025 at 9am. Thank you for your understanding, and we wish you a joyful holiday season.\*\*

# **Upcoming Events: (Please see attached Flyer)**

**LDAYS Virtual Presentation - Ask an Expert, An Hour with an Educational Consultant presented by Karen and Ann Wolff.** Join educational experts Karen and Ann Wolff from Wolff Educational Services for an hour of insights on supporting student success. They'll address your questions about IEPs, report cards, resource support, accommodations, and more, while emphasizing personalized strategies for academic and emotional growth. This presentation will be held on January 14th, 2025, 7:00PM, via Zoom.

Registration Link: https://form-can.keela.co/ask-the-expert1

# **Upcoming Programs and Services: (Please see attached Flyer)**

# Social Skills (Registration Open Now)

Supporting children to gain and enhance their social and emotional development. The **Social Skills Program** is designed for children ages 7 to 12 with a primary diagnosis of Learning Disabilities (LD) and/or ADHD, focusing on the development of essential social skills through interactive activities based on the PEERS® curriculum. Participants will learn interpersonal communication, emotional coping, conflict resolution, self-advocacy, and self-esteem, in small groups of up to six children. The six-week program aims to build confidence and foster connections among peers. Financial support options, including subsidies, are available for qualifying families.

Winter Session:

- Richmond Hill: January 20th March 3rd
- Newmarket: January 21st February 25th
- Click <u>here</u> for more information and to register

# March Break Camp Registration Now Open!

We're excited to announce that registration is officially open for our **March Break Camp 2025**, designed specifically for students aged 7-12 with Learning Disabilities and ADHD. This camp offers a supportive, engaging, and fun environment where kids can develop essential life skills while building confidence and making new friends!

# **Camp Highlights:**

• Communication Skills: Learn how to express themselves clearly and confidently.

- Self-Advocacy & Self-Esteem: Gain the tools to speak up for their needs and grow a positive sense of self-worth.
- **Problem-Solving Skills:** Explore creative ways to approach challenges and think critically.
- **Friendship Building:** Participate in activities that encourage teamwork and help develop lasting friendships.

Our expert facilitators create a safe, understanding space for children to thrive and have fun, all while learning valuable skills that will support their growth both in and out of school.

Camp Dates: March Break 2025 (March 10th-14th) Location: Aurora Register Now: <u>https://revenue-can.keela.co/march-break-camp-2025</u>

Spaces are limited, so don't miss out! Secure your spot today and give your child an unforgettable, empowering March Break!

Let's make this March Break one to remember!

# Level Up Tutoring (Registration Open)

Personalized virtual tutoring tailored for kids with learning disabilities and ADHD! Our one-to-one sessions focus on literacy and numeracy, helping students catch up or get ahead in their curriculum. With engaging activities and individualized support, we create a positive learning opportunity that fosters confidence. Plus, we offer flexible weekly sessions to fit your family's schedule, including homework help. Click <u>here</u> for more information and to register.

# Reading Rocks and Jump Math (Registrations Open)

**Reading Rocks** and **Jump Math** are individualized virtual intervention programs designed for students aged 8-14 who are significantly behind in literacy or math due to diagnosed learning disabilities. Reading Rocks focuses on enhancing reading skills through tailored instruction and motivational tactics, while Jump Math emphasizes foundational math skills and confidence-building through 1-to-1 or small group sessions and engaging activities. Both programs run for eight weeks, meeting twice weekly, with a fee structure that includes options for subsidies. Click here for more information and to register.

# SoAR (Registration Open)

The **SOAR Transitions Program** is designed for students in Grades 7-8 or Grades 11-12 diagnosed with Learning Disabilities and/or ADHD, helping them develop vital life skills for academic and vocational success. The program includes tailored sessions focusing on personal development, self-advocacy, stress management, study strategies, and essential job skills, empowering participants to navigate their transitions into high school and post-secondary education or the workforce. Through engaging discussions and activities, students enhance self-awareness and build practical skills to achieve their goals confidently. Groups and 1-to-1 sessions available. Click here for more information about the elementary program and to register. Click here for more information about the high school program and to register.

# Top inquiries from parents:

- When changing schools boards, are there similar resources and accommodations across different school boards and how to figure out what school is best suited for my child with an LD/ADHD diagnosis
- How to help children with motivation
- How to help children with emotional regulation skills

# Thank you for your ongoing support, we appreciate all of the hard work you do!



# **Jump Math**

- 8 week math program for students age 7-13
- Curriculum-based
- Two one hour sessions per week
- Focuses on building strong foundational math skills and improving computational fluency

# **<u>Register Here</u>**

# **Reading Rocks**

- 8 week reading program for students age 7-13
- Curriculum-based
- Two one hour sessions per week
- Focuses on building strong literacy skills through engaging, motivational strategies

# **Register Here**

# Level Up

- Flexible program for students in grades 2-8
- Meetings are once week, for one hour, with up to 4 sessions a month
- Personalized homework assistance, help with numeracy and literacy skills, improving study habits, ect.

# Register Here

All three of our tutoring programs offer virtual, 1:1 sessions with experienced tutors. Personalized to meet your child's unique needs, each program provides flexible scheduling to fit your family's routine. With limited spaces available, early registration ensures you secure the

best timeslot for your child.

Contact Alicia for more information at 905-884-7933 ext. 6.

# Social Skills

- 6 week program for students age 7-12
- Curriculum-based
- 1 one hour sessions per week
- Focuses on social skills like communication, listening, problem solving, friendship skills, self esteem, self advocacy and more!
- Maximum 6 students per group
- Groups meet in York Region and Simcoe
   County

Contact Tori for more information at 905-884-7933 ext. 4.

# **SoAR Mindful Transitions**

- 4 one hour sessions.
- 1:1 format in-person, online, or group sessions in schools.
- Tailored resources and interactive sessions for each student, alongside a workbook that covers a wide range of topics.
- Topics include but are not limited to selfadvocacy, stress management, understanding your IEP, accessing accommodations, and much more! Contact Sara for more information at 905-884-7933 ext. 3.

**Register Here** 

# **Elementary**

# High School



For more information and to register for any of the programs below, contact Meghan at 905-884-7933 ext. 7.

Text

# Parent Support Group (PSG)

Parents and guardians are invited to join our FREE Virtual Support Group, designed to support caregivers in navigating the journey of managing their child's Learning Disabilities and/or ADHD. This monthly gathering offers a chance to connect, share experiences, and discuss emotions while strategizing for both strengths and challenges in a positive environment. The group is currently held over Zoom at 7:30pm on Thursday nights.

# **Strategies For Life**

This nine-session individual counseling program is designed for youth and adults aged 16+ with Learning Disabilities (LD) and/or ADHD, focusing on the socioemotional effects of these conditions. Participants will gain insight into their diagnosis, strengths, and challenges, while learning coping strategies for stress and anxiety, and creating action plans to navigate life's obstacles. The program aims to build resiliency and life skills, empowering individuals to thrive and achieve overall well-being.

# **Register Here**

# Job Fit

The Job Fit program supports youth ad adults 18+ with LDs and/or ADHD in exploring their interests, strengths, and areas of need to successfully pursue employment and request workplace accommodations. It helps clients gain a deeper understanding of their LDs while building confidence to enter the workforce. The program also covers postsecondary options and requirements for career advancement. Job Fit can serve as the bridge to help you close the gap between where you are now and where you want to be.

# Register Here

# Adult Support Group (ASG)

Adults are invited to join our FREE Virtual Support Group, where you can connect with others who understand the challenges of living with Learning Disabilities and/or ADHD. This is a great opportunity to meet new people, share your feelings in a safe space, build self-esteem, and collaborate on problem-solving while celebrating successes. The groups is currently held over zoom at 7pm on Wednesday nights.

<u>Register Here</u>

**Register Here** 



# Date & Time

March 10th - March 14th, 2025 9am - 4pm

Aurora, Ontario



**Contact Tori for more details!** tori.bekolay@ldays.org or 905 - 994 - 7933 ext. 4

# Pricing

Early Bird Discount - \$30 off available until Feb. 28, 2025.

Members - \$350 / child Non Members - \$400 / child

Subsidies available

An exciting, interactive camp designed to help children with Learning Disabilities and ADHD (ages 7-13) build confidence and improve their social and emotional development.

Through fun, hands-on activities, our expert facilitators will guide your child in developing essential skills like:

- Effective Communication & Listening
- Making and Keeping Friends
- Coping with Emotions & Stress
- Conflict Resolution & Problem Solving
- Self-Advocacy & Self-Esteem
- Understanding Bullying & Cyberbullying

Our program uses the proven PEERS® curriculum for social skills training, led by registered social service workers dedicated to your child's growth and success.

9030 Leslie Street, Suite 216 Richmond Hill, ON L4B 1G2 Phone: (905) 884-7933 | Fax: (905) 770 9377 Email: info@ldays.org | Website: www.ldays.org



Ask the Experts: An Hour With an Educational Consultant

# Join Us on Tuesday, January 14th at 7:00 p.m. Virtual Zoom Presentation

Join Karen and Ann Wolff, renowned educational experts from Wolff Educational Services, for an empowering one-hour presentation designed to help parents and educators support student success. During this presentation, Karen and Ann will address questions submitted upon registration, covering topics like IEPs, report cards, resource support, accommodations, and much more. They'll offer practical solutions and strategies for both academic achievement and emotional growth.

# Don't miss the opportunity to gain valuable insights—submit your questions when you register to ensure your concerns are addressed directly by the experts!

# Topics may include:

- IEP/IPRC's
- Resource Support
- Assistive Technology
- Social and Emotional

- Report Cards
- Accommodations
- Advocacy
- Learning Skills



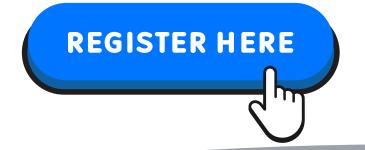
# **WOLFF EDUCATION SERVICES**

We are Educational Consultants who specialize in finding school placement options in both the private and public sectors across the GTA. We have developed a needs assessment that considers the whole child - factoring in your child's academic, social and emotional areas of strength and need to determine the best school placement possible.

# Registration

For more information please contact our office:

info@ldays.org or (905) 884-7933 extension 1.







9030 Leslie Street, Suite 216 Richmond Hill, ON L4B 1G2 Phone: (905) 884-7933 | Fax: (905) 770 9377 | Email: info@ldays.org | Website: www.ldays.org