



CARDINAL CARTER CHS SPRING NEWSLETTER

PRINCIPAL'S MESSAGE BY SABRINA BARTOLINI

We are now at the halfway point of the second semester and the school is vibrant with life and activities! It appears each week there are new and exciting opportunities for students to get involved with school life; whether it's lunch activities hosted by our clubs or councils like celebrating our mascot O'Reilly's birthday, intramural sports held after school, tournaments and games in sports or activities hosted for SHSM.



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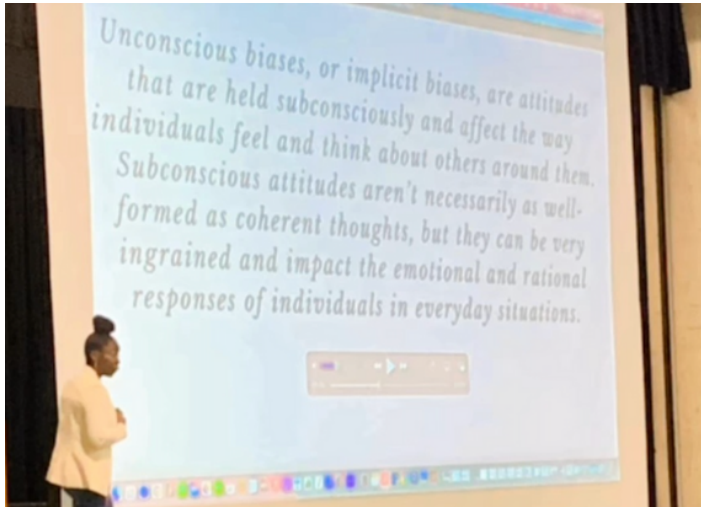
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February kicked off with a flurry of events beginning with our Grade 11 Semi-Formal. There were over 300 attendees and students showed up ready to impress. It was our biggest turnout yet. I would like to thank all the students and staff involved in planning and preparing for this event. In addition, our Anti-Bullying Committee planned a variety of activities during the last week of February with lunchtime events, Pink shirt day followed by in-class activities with students writing messages of kindness that were shared with another anonymous student. When you can choose to say anything in this world, let the message be kind.

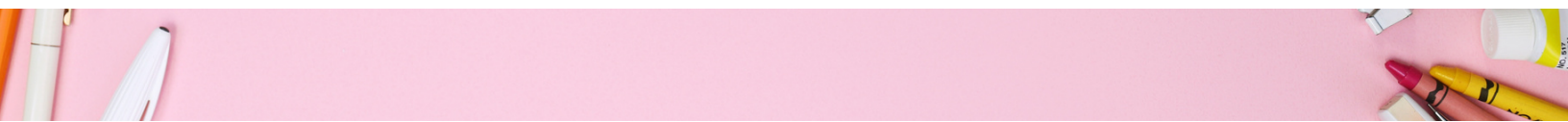


During Black History Month our Black Heritage Committee prepared a newsletter shared with students on teachers their virtual learning environments, morning rush songs centred around black heritage, allyship and excellence, Black Heritage Trivia during the lunch hour and a dynamic guest speaker, Phiona Durrant (former Auroran Mayoral Candidate) spoke about courage in today's changing world and just be you! Instead of payment, Ms. Durrant requested we donate to one of the charities she supports, Rose of Sharon.

On Friday, March 3rd we had a visit from our Director of Education, Mr. Domenic Scuglia and Superintendent of Education, Ms. Rocchina Antunes. Our distinguished guests were welcomed by our students with a flash mob and presentation of our very own Cardinal Carter Land Acknowledgement followed by a visit to our pre-IB math class, Special Education FLS class, new Library Learning Commons, Design Technology class, and Music and Fitness classes.



This year is the year of travel! During the March Break, 30 of our students went on an experience of a lifetime and headed to Europe to visit, England, Italy and France in some of their iconic cities such as Rome, London and Paris. I'd like to thank all the teachers who attended and supervised the trip, Mr. Casa-Todd, Ms. Manzerra, Mr. Crescenzi, Ms. Ritchie and Ms. Venneri. The students were able to experience new cultures and foods and came back with a newfound appreciation for the beauty that the rest of the world has to offer.





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Our Chaplaincy team has been particularly busy leading us in faith. We are excited to offer praying of the rosary in the chapel each Friday before school for staff and students to drop in. We welcomed Father John and Father Arthur from Our Lady of Grace Parish to provide our students with the sacrament of confession . Our Chaplains led the season with the distribution of ashes, provided teachers with presentations weekly on the Lenten season to share on their virtual learning environments, presentations for each week of Lent, as well as provided an opportunity for classes to sign up for viewing the series, The Chosen (taking a closer look at Jesus' life in the Gospels). As we are at the beginning of the Easter season, let us remember that we are in a season of hope and renewal.




Catholic School Council Parent Engagement Workshop
April 27th 7-8:30pm
 Cardinal Carter CHS

TOPICS INCLUDE:

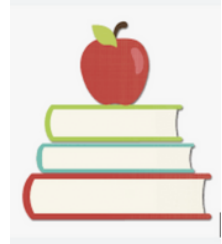
1. Understand your role as a parent in cultivating positive self-esteem which contributes to healthy peer relationship
2. Developing a balance between providing support, and respecting the increasing independence of teens
3. Effective strategies to initiate discussion and self-reflection with teens regarding their peer relationships.
4. Help your child effectively navigate conflict when it arises

Please RSVP here by April 20th

Meet the Facilitator :Julia
 Masters of Social Work from the University of Toronto. She has worked with youth and adolescents for over 8 years supporting and addressing their psychosocial needs.

Catholic School Council is excited to offer a parent engagement workshop on navigating your teen relationships led by a social worker with Common Compass This presentation will be held at our school on Thursday, April 27th. Please check your email for the link to sign up to attend!

Parent-Teacher Interviews



On April 20th we will be hosting our Parent-Teacher Interviews from 5:30 - 9:00 p.m. We hope you have the opportunity to come and meet with your child(ren)'s teachers. Many thanks to all our parents and guardians for your continued partnership, collaboration and support. It is with this relationship between home and school that we support our students in their spiritual and academic success. In the meantime, I wish all our families a blessed and peaceful Easter season. God bless.





SCHOOL UPDATES

N.Y.C. Trip

May 4-8th

Muskoka Leadership Trip

May 8-10th

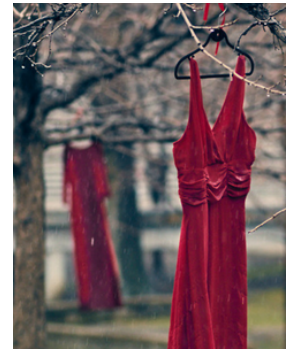


The Grade 9 Muskoka Trip is Back!!! Our Muskoka Leadership Committee is getting ready and geared up for the return of our Grade 9 Muskoka trip in September. We are very excited to revive this school tradition back at our school!

Missing, Murdered and Indigenous Women, Girls and Two-Spirited Remembrance Walk Grade 11's (more info coming)

May 4th

We are working with the Indigenous lead at the YCDSB to honour MMWIG. Red dress day started as REDress project established by Indigenous artist Jamie Black to focus on the issue of missing and murdered Indigenous women across Canada and the United States in 2010. "Missing and Murdered Indigenous Women, Girls and Two-spirited," is a day of honouring missing and murdered Indigenous people. It's a day to raise awareness and education about missing and murdered Indigenous women and girls, two-spirited.



Student Activity Fees 2023/2024

The Student Activity Fee for the next calendar year is \$40 plus a \$10 Catholic School Council Contribution which is what has been adopted by all the YCDSB high schools. Although voluntary, these contributions allow us to offer our students activities that enhance their high school experience such offer homeroom activities, lunch and after-school activities offered by over 30 clubs/councils, including Student Council and Athletic Council. If you haven't already done so, kindly provide payment for next year's Student Activity Fee as it will go to a good cause. Other items such as the yearbook, and sports fees will be pay-as-you-go.

Some of the funds used for this year's funds include but are not limited to:

- Grade 9 Orientation Activities, Grade 8 Feeder School Visits
- Christmas Spirit Week Activities
- SAW week (Student Activity Week)
- Student Council Events, Chaplaincy events, The Gold and Green Newspaper
- Guest Speakers (e.g. Paul Davis, Phiona Durrant)
- Sports Team Jerseys & Tournaments

Mental Health Matters



There are many ways that parents/caregivers can provide support when teens are experiencing feelings of sadness, anger, worry, etc. Here are a few ideas:

- Try to take pressure off where you can. For example, avoid talking about things causing you stress, help them to plan academic tasks so they can manage them better, reinforce techniques that help with exam stress and transitions, avoid adding additional performance pressure
- Listen to your teen as they describe their thoughts and emotions. Reflect on what you hear. Try not to judge, jump in with quick solutions, or minimize the concern. Seek to understand.
- If your teen is experiencing a low mood, one of the best things they can do is to get active. Even a short walk outdoors can boost your teen's mood.
- Explore cultural, faith, community and social activities to help build on strengths and identities.
- If you are able, try to spend one-on-one time with your teen each day. Ordinary things like riding in a car or in transit, or doing chores together, can bring times of closeness and laughter.
- Take a moment each day to care for your own wellness. This can be very hard to do in the busy life of a parent/caregiver, but it does go a long way. It is like the instruction when travelling by air to put on your own oxygen mask first before supporting your child.

[YCDSB MENTAL HEALTH WEBSITE](https://www.ycdsb.ca/mental-health/)



If your teen does not seem to be improving with the actions you have tried, you may wish to reach out for help. In addition to support within your family, health team (family doctor), and culture/faith community, there is help available at school. To explore this, feel free to contact your teen's support team: teacher, Guidance counsellor, or Vice Principal. We can work together to help make sure your teen gets the support they need. There is help available from our school team, as well as board-level services from professionals like social workers and psychology team members. Sometimes, more help is needed and community mental health organizations in our community, like York Hills Centre for Children, Youth and Families are available for this.

For more information and ideas, visit <https://www.ycdsb.ca/mental-health/> and/or the School Mental Health Ontario website at: smho-smso.ca/parents-and-caregivers

CCCHS DEPARTMENTS

The Arts

BY: SILVANA PASQUARIELLO (DEPARTMENT HEAD)

Cardinal Carter Catholic High School continues to have a vibrant thriving Arts Department. During the second semester, the department has been busy sustaining a multitude of artistic endeavours that address the diverse needs of our community.

The Dramatic Arts Council performed in Dramafest, a regional event that allowed our students to compete with other students from schools throughout York Region. Seven of our student actors along with two crew members and Mr. Racanelli and Ms. Pasquariello travelled to Keswick High on March 7th to rehearse and perform our play entitled *Anxiety is Orange* by Lindsay Price. Our students performed a spectacular show that evening for family and friends. A professional adjudicator gave the students positive feedback. To everyone's delight awards were presented to Roselin Jacob for her work as Stage Manager and to the ensemble for Excellence with Specificity of Character. Congratulations to those involved for all their hard work.



From left to right front row Dina Rabiei Mazraeshahi (actor), Isabella Ferrigni (actor), Sanaiya Bellon (actor), Sujith Sivaruban (actor), Cristiano Marinelli (actor), Tanya Dennis Justin (actor).

From left to right back row Roselin Jacob (stage manager), Camila Becerra Jaimes (actor), Lila Ghazvinia (sound technician).

CCCHS DEPARTMENTS

The Arts

BY: SILVANA PASQUARIELLO (DEPARTMENT HEAD)

Our Music Department is busy at work preparing for our Spring Coffee House. Coffee House has become a bi-annual tradition and will be held this year on April 13th at 7 pm in the cafetorium. Tickets are \$10 and include unlimited coffee and treats. It is a night to celebrate all the amazing talent of our students.



**SOUNDS
OF
SPRING**

Our music students are also preparing for the annual Cardinal Carter Spring Concert. This is an exciting opportunity for our music students to showcase what they have been working on all semester. It features the Junior and Senior Concert Bands, the Choir and Rock Band. Tickets are \$10 for adults and \$5 for students or children. All are invited to join us on May 18th from 7-8:30 pm in the cafetorium.

For over 10 years graduating students for all of Aurora's high schools have had the opportunity to curate and host their own professional art show through the Mayor's Celebration of Youth Arts presented by the Aurora Cultural Centre.

This year, the exhibition has been opened up to all Grade 12 students in the community whether they made their art for class, or whether it's simply a personal passion project. Some of Cardinal Carter's finest artists were able to show their work. Ava Cunsolo, Isabela Ferreira, Vera Ibrahim, Mahyar Jaberikoushki, Lauren Mayr, Teresa McNaught, Alexis Pereira and Imaan Waseem were some of our grade 12 students whose work was showcased. A fantastic job was done by all these students.

CCCHS DEPARTMENTS

The Arts

BY: SILVANA PASQUARIELLO (DEPARTMENT HEAD)



From left to right Alexis Pereira, Lauren Mayr, Mahyar Jaberikoushki, Vera Ibrahim

(BROCK WEIR, 2023, STUDENTS UNLEASH UNBOUNDED CREATIVITY
AHEAD OF YOUTH ARTS CELEBRATION, THE AURORAN)

Some of these students are also working as part of the Visual Arts Council to beautify our hallways and common spaces with artwork. This semester they are completing a mural for the science department and one in the moderns department.

These ever-evolving traditions have helped to create a sense of pride in our students and community. Whether it is drama, music, visual arts or photography, there is a place for every type of artist in the Arts Department at Cardinal Carter.

As always, thank you for your continued support.

The Arts Department

CCCHS DEPARTMENTS

Business

BY: SERGIO BERTOLO (DEPARTMENT HEAD)

We would like to welcome back all students to second semester. It is in full swing, and competition is in the air! Are you interested in topics such as investing, budgeting, economics, income management, accounting, home ownership, banking, finance, and ethics? If so, the Financial Literacy Competition hosted by the University of Waterloo may be for you!

The University of Waterloo's Financial Literacy Competition will take place the week of May 8th and Investment Club members are getting prepared for it. Preparing for this competition is a great way to strengthen financial literacy and is open to Grade 9, 10, 11, and 12 students. We will have a sizeable presence and students participating are excited to see how they will do. All eligible participants will receive a Certificate of Achievement and the top scoring students will be recognized with awards and prizes. Good luck Investment Club members!

We also would like to wish our I.B. Economics students a productive and fruitful exam period as they are also gearing up for their upcoming final I.B. exams in May.

Did You Know?

Venerable Jan Tyranowski (1901-1947) had hoped to work as an accountant, but chronic illness made an office job impossible. Instead, he joined his father as a tailor and ran the family business after his father's death. He was also a mystic whose work as a youth leader changed the life of one Karol Wojtyla and (through him) the world. Pope St. John Paul II kept a picture of Tyranowski on his desk throughout his papacy: the person to whom he owed his vocation.

CCCHS DEPARTMENTS

Canadian World Studies

BY: ROSANNA MANZERRA (DEPARTMENT HEAD)

History is always evolving. Do you know why Roman concrete is so durable? Why ancient Roman structures have been around for thousands of years? Well it has just been discovered that the white chunks in Roman cement, known as lime clasts, has the ability to heal cracks over time. Until today, these white chunks have been attributed to the messy work by Romans during the pouring of cement! We can always learn from the past. What an amazing monument explored by Cardinal Carter students who travelled to Europe March Break.



Social Studies & Humanities

BY: ROSANNA MANZERRA (DEPARTMENT HEAD)



Mrs. Cagna's Grade 12 Food and Nutrition class had fun preparing funnel cakes for their Easter desserts. They experimented with many different ingredients and spices to make them more exciting and tasty. They topped it off with a variety of toppings to make them unique.

Ingredients:

- 2 large eggs, room temperature
- 1 cup 2% milk
- 1 cup water
- 1/2 tsp vanilla extract
- 2 ½ cups all-purpose flour
- ¼ cup sugar
- 3 tsp baking powder
- 1/4 tsp salt
- Oil for deep frying (enough to cover funnel cake)
- Confectionery (Icing) sugar
- Vanilla ice cream, for serving

CCCHS DEPARTMENTS

Chaplaincy

BY: PRISCILLA GAGLIANO & RITA SPERINI

Happy Easter, Everyone!

In the Church's calendar, the Easter Season will last for fifty days until Pentecost which is celebrated on May 28th this year.

Ordinary Time resumes on the following Monday.

As part of the preparation for the Lenten Season, we began with an Ash Wednesday service in the chapel, followed by the distribution of ashes to the rest of the school. The Rosary was prayed weekly on Friday morning in the chapel, and daily at lunch during Holy Week. The sacrament of Reconciliation took place at Carter in the chapel on March 31st with Father John Bertao and Father Arthur Lee from Our Lady of Grace Parish.



During Holy Week, staff and students were given an opportunity to partake in the Stations of the Cross on Holy Thursday and some classes were invited to watch a few episodes of the series, The Chosen throughout Holy Week. Weekly Virtual Lenten Prayer Services were shared with teachers on a weekly basis to help students reflect on the important themes of Lent: Repentance, Fasting & Almsgiving. We look forward to celebrating our Easter Eucharist with Fr. Ernie DeCiccio from St. David's Parish. later in April.

Other Chaplaincy events that will take place in the next few months include the Grade 10 retreats, which will take place on May 15 & 16, and the Grade 12 Retreats which will take place on May 17th.

As we continue to celebrate the Season of Easter, let us tell one another this good news by putting our kind words into loving action and trusting in Jesus, who is the Way, the Truth and the Life. Let us trust Him to guide our decisions in every area of our lives.

God Bless

The Chaplaincy Team



CCCHS DEPARTMENTS

Cooperative Education

BY: TYLER MAC DONELL (DEPARTMENT HEAD)

The cooperative education program has a number of students this semester completing placements with some really great employers in a number of career fields including the Superior Court of Justice, Georgina Trades Training Inc, construction, automotive, plumbing, insurance, accounting, pharmaceutical, law, education, veterinarian, nursing, long term care, environmental science, real estate, marketing and social media. A number of these students will be using their coop experience to meet the requirements as part of their participation in the Specialist High Skills Major program in the area's of "Health and Wellness", "Business" or "Justice, Community Safety and Emergency Services". A number of our trades sector students are also participating in the Ontario Youth and Apprenticeship Program which helps students bridge their career path from high school to post secondary within a specific trade.

The experience that all of our coop students have had thus far has been positive and we are excited that each of them will continue to have the opportunity to develop their job skills as we move through the semester.



CCCHS DEPARTMENTS

English

BY: LISA CRAVEIRO (DEPARTMENT HEAD)

Spring has sprung and our English classes are abuzz with activity.

What we are reading

Classes are currently immersed in the study of old favorites such as *Death of a Salesman* by Arthur Miller, *The Great Gatsby* by F. Scott Fitzgerald and *Romeo and Juliet* by William Shakespeare as well as the study of contemporary works such as *The Poet X* by Elizabeth Acevedo, *Indian Horse* by Richard Wagamese and *A Monster Calls* by Patrick Ness.

An IB update

The grade 12 IB students are continuing to work on their Paper 2 exam preparation. This year, the HL English A: Literature students will be writing both the Paper 1 and Paper 2 exams in early May. We wish them luck!

A Look Ahead

We look forward to meeting parents and guardians at the upcoming Parent-Teacher Interview Night on Thursday, April 20, 2023.

We plan to virtually attend the FOLD (Festival of Literary Diversity) next month. This is a wonderful opportunity for students to engage with and learn from our local writing community.

Looking for a book recommendation?

Students recommend:

- *Red Queen* by Victoria Aveyard
- *Aristotle and Dante Discover the Secrets of the Universe* by Benjamin Alire Saenz
- *The Kite Runner* by Khaled Hosseini
- *Scythe* by Neal Shusterman

Teachers recommend:

- *Unreconciled: Family, Truth and Indigenous Resistance* by Jesse Wentz
- *Station Eleven* by Emily St. John Mandel
- *Clap When You Land* by Elizabeth Acevedo
- *Boys and Girls Screaming* by Kern Carter



In honor of April, National Poetry Month, we close with the following verse:

"Spring is when life's alive in everything."

Christina Rosetti

CCCHS DEPARTMENTS

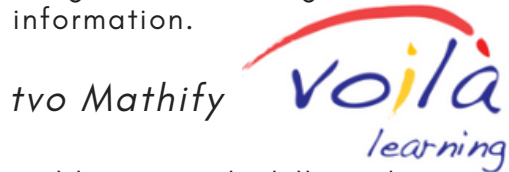
Guidance

ACADEMIC SUPPORTS

Voila Learning

Students registered with YCDSB have access to online teachers to assist them with French, English and Math homework from Monday to Thursday, 5:00 pm to 8:00 pm (EST).

Voilà Learning has prepared a parent letter, explaining the registration process. Click on the image below for registration information.



Build your math skills and confidence with a personalized math coach. Tutors are available online Mondays-Fridays from 9am to 9pm ET and Saturday and Sundays from 3:30pm to 9pm ET.

Sign-up, choose a tutor, and get started. Click on the image below for flyer, tutorial video and link to website.



MENTAL HEALTH

Bounceback  BounceBack®
reclaim your health

Mental Health resources are available to students online, click on the image for information and services.

Students registered with YCDSB have access to online teachers to assist them with French, English and Math homework from Monday to Thursday, 5:00 pm to 8:00 pm (EST).



VIRTUAL QUEUE

Guidance appointments

Visit the guidance website for resources and for the google form to book an appointment. Requests are addressed by date and time of submission. Click on the above image to link to the Guidance website.

Announcements

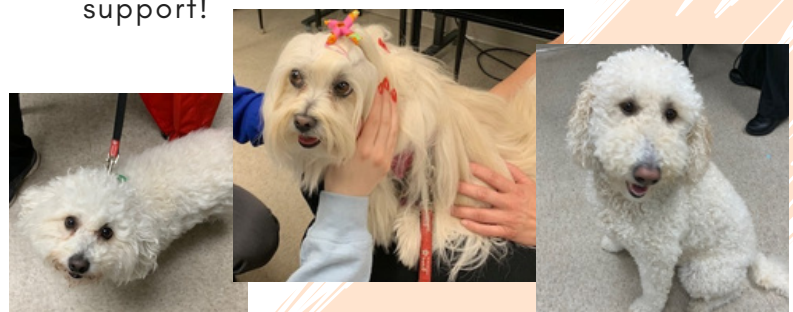
Summer school registration has opened. Click on the image below for courses and registration



York Catholic District School Board

Course Verifications have closed. Pathway and stream changes are ongoing.

Therapy Dogs from St. Johns' Ambulance visited our school April 5th. Future visits are planned for May 10th and June 14th. Thanks Maggie, Stella and Rosie for all your furry support!



CCCHS DEPARTMENTS

Library Learning Commons

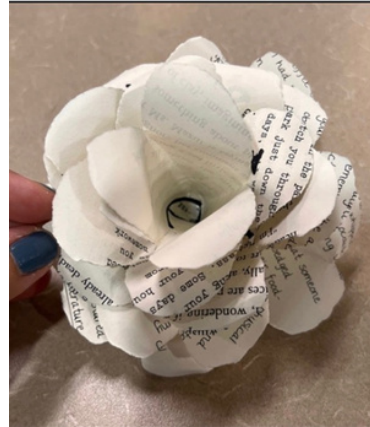
BY: JENNIFER CASA-TODD (DEPARTMENT HEAD)

Makerspace

Stress balls in January were a huge success. We also made flowers out of recycled book pages for February and Kindness buttons for Pink Shirt Day.

White Pine

Students are reading five out of ten nominated titles from the White Pine list. Students will be voting for their favourite title and attending the Festival of Trees at the Harbourfront Center in May. The trip is open to the Book Club and any students reading our White Pine books. .



Aurora Public Library

In March, we were pleased to welcome a representative from the Aurora Public Library who shared information and distributed Library cards which our students can use to access SORA (our online Fiction Library).

Featured Books

Ms. Amodio always does the BEST job with book displays. We had a plethora of books on display for both Black History Month and Women's History Month. April is Poetry month, so look for a display coming soon. Of course, our BookFlix display always features contemporary authors and classics for students to enjoy.

Did you know that our book purchases are driven by student interests? Students can complete the feedback page on the first page of our Library website to request a book.

CCCHS DEPARTMENTS

Mathematics

BY: DIANA SANTOS (DEPARTMENT HEAD)

Math Club Updates

Students from grades 9 - 12 have had the opportunity to participate in University of Waterloo Math Contests this semester.

In February, 26 students from grades 9 - 11 participated in contests and 9 were awarded a prestigious certificate of distinction for their results. We are very proud of their accomplishments.

In April, 27 students from grades 9 - 12 are participating in the Euclid contest. We wish them the best of luck.

Math Club continues to meet on Monday's afterschool to help students prepare for these contests and practice challenging problems.

Try it yourself. Here is a question from this year's Pascal Contest (Grade 9).

Each of four doors is randomly either open or closed. What is the probability that exactly two of the four doors are open?

(A) $\frac{3}{8}$

(B) $\frac{5}{16}$

(C) $\frac{1}{4}$

(D) $\frac{1}{2}$

(E) $\frac{3}{16}$

Correct Answer: A

CPT's and Exams

Student enrolled in Math this semester will be starting their CPT's soon. These tasks will be due towards the end of the semester before the formal exam period. Since this is the first time many students will be writing exams in Math class, time will be spent helping students prepare for these assessments and developing effective strategies to study for an exam in mathematics.

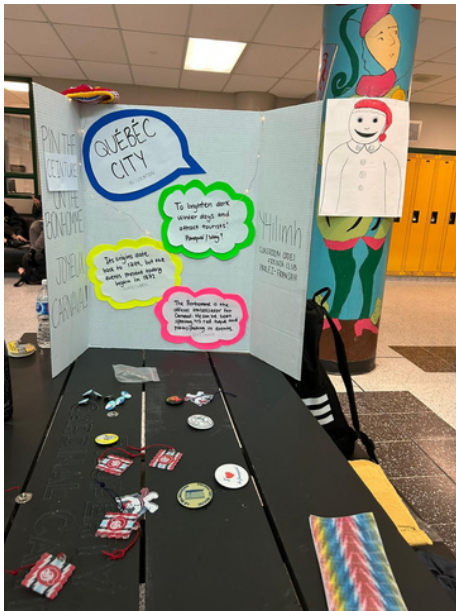
CCCHS DEPARTMENTS

Moderns

BY: NATALIE STILO (ACTING DEPARTMENT HEAD)

French Club

French Club has been engaging in a variety of activities to celebrate and embrace French language and culture. On February 15, students learned how to make a famous french pâtisserie–les crêpes. They enjoyed speaking in French, learning new vocabulary and discussing the cultural importance of this iconic French street food. We also celebrated Le Carnaval de Québec, where club members taught their peers about this renowned winter event, while playing a game with Bonhomme and listening to classic Carnaval music. In addition, French Club has been hosting DELF exam preparation sessions, where students can engage in dialogues relating to a variety of authentic scenarios, as they prepare for their upcoming DELF exam in April.



DELF (French Proficiency) Exam

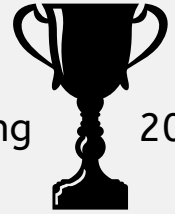
What an amazing turnout from our Grade 12 French students who have signed up to take the DELF exam during the week of April 24, 2023. This French proficiency exam, offered by the French Ministry of Education, provides students with an official proficiency level in the French language, which is highly sought after by post-secondary institutions and employers. The desire of our Cardinal Carter students to become bilingual and enhance their French skills is inspiring. We wish them the best of luck on their exams. Bonne chance!

CCCHS DEPARTMENTS

Physical Education

BY: HELEN MCINERNEY (ACTING DEPARTMENT HEAD)

Spring 2023

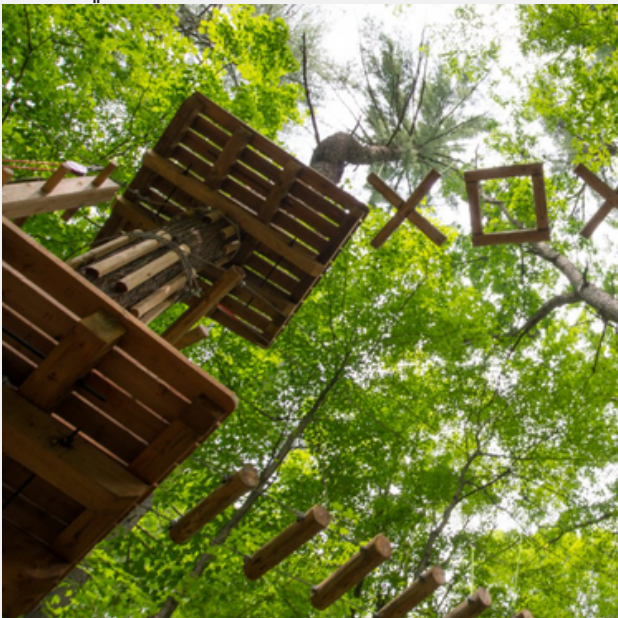


PHYS ED

NEWS



WITH THE SEASON OF HOPE UPON US, AND NEW POSSIBILITIES IN THE AIR, THE PHYS ED CREW LOOKS TOWARD THE SPRING SEASON WITH JOYFUL ANTICIPATION! WE HAVE EXCITING FIELD TRIPS PLANNED TO CAMP KETTLEBY, TREETOP TREKKING, AND SOCCER GOLF TO NAME A FEW. WE WILL ALSO BE INDULGING THE STUDENTS DAILY IN VITAMIN D AND FRESH AIR AS WE HEAD OUT TO THE SOCCER FIELD AND TRACK FOR SOME ULTIMATE FRISBEE, SOCCER, TRACK & FIELD DISCIPLINES, AND OF COURSE THE STUDENT'S ALL TIME FAVOURITE... FLAG FOOTBALL!



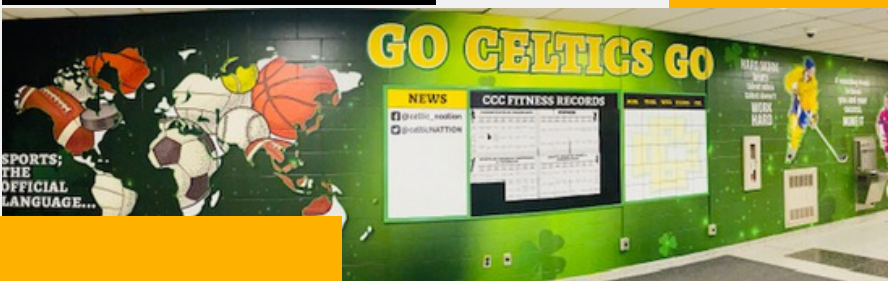
SNAP FLOOR HOCKEY A SMASHING SUCCESS

A huge shoutout to Ms. Cundari and her Gr. 12 Phys Ed Leadership students for organizing and running the Lucky Puck SNAP (Special Needs Athletic Program) Floor Hockey Festival. We hosted 5 other schools, and it gave our students in the Functional Life skills program a great opportunity for fun, competition, and exercise. And it was an excellent way for our Senior Phys Ed students to showcase their leadership skills.



HALLWAY MAKEOVER

Yes you read that correctly! We have a newly wrapped wall outside of Gym AB. Inspired, of course, by the talented athletes that have come through this building over the years.



CCCHS DEPARTMENTS

Religious Studies

BY: GEORGE LAMBROPOULOS (DEPARTMENT HEAD)

“Education is the kindling of a flame, not the filling of a vessel.” ~Socrates

As spring and the end of the school year approaches, we see these ‘flames’--our students--shine brighter with a renewed and developed sense of purpose and faith.

Spring is a very busy time for our various religion classes. Our grade 9s and 10s are learning about the fundamentals of faith as well as what it means to be kind, active members of society. Further, our grade 12s are learning the fundamentals of philosophy and what it means to be actively virtuous in the year 2023. These initiatives are being explored by a large group of our students at the Royal Ontario Museum, where they will be able to experience artifacts of wisdom from various time-periods and locations from all around the world. Grade 12s are also planning for their final “RAK” assignments where they will perform “Random Acts of Kindness” within Cardinal Carter and greater communities--always a very engaging and well-loved assignment.

However, it is our grade 11s studying world religions who are the busiest! In addition to learning about the fundamentals of various world religions, trips are planned to visit different places of worship around Toronto. Students will be meeting with Holocaust survivors and hearing their stories. Finally, they will also have an opportunity for meaningful dialogue with one of our board’s Indigenous knowledge keepers, Todd Jamieson.

We invite all parents and students to further recognize the vast amount of knowledge, experiential learning opportunities and the building of virtues in character that the diverse courses within the religion department offer our students. These are fundamental courses designed to support students holistically, not only in matters of faith. All courses are focused on bettering the lives of our students as they equip them with the necessary tools to navigate the complex world outside of high school.

If there are any questions, please do not hesitate to contact me.

Mr. G. Lambropoulos
george.lambropoulos@ycdsb.ca

CCCHS DEPARTMENTS

Science

BY: CARISSA IMGRUND (DEPARTMENT HEAD)

Welcome to Semester 2 - Science has been busy so far with projects, trips and Internal Assessments (IAs). Read all about it below!

TRIPS:

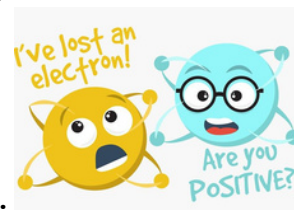
Our Grade 11 Biology students will be heading off to the zoo in May, while Grade 12 Biology will be going to the Science Center and participating in the "Way to Glow" lab - genetically engineered bioluminescent bacteria anyone? Stay tuned for more as we plan something for our grade 9 students!

IB:

Our IB students have been hard at work finishing their final assessments. For example, Ms Collins had one of her Chemistry students synthesising acetaminophen and Mr Wai was learning about magnetic fields around a current carrying wire in his Physics class. Our Group IV project is coming up, and the grade 12s will be putting their heads together to try and come up with solutions to global issues.

PROJECTS:

Grade 9 students have a variety of activities coming up with electric car building starting this month, making TED Ed Videos, going on a Mission to Mars, and upcycling old clothes. Grade 10s will be having a mini science showcase to show off their self-built optical devices, and will be doing design thinking in the climate change unit. Biology students have been testing enzyme efficacy in self-designed labs, and Chemistry students are doing an esters lab and making wintergreen.



There are more trees on the planet than stars in the solar system: According to experts from NASA, there are up to 400 billion stars in the milky way galaxy – but the number of trees on Earth is estimated to be more than 3 trillion.



CCCHS DEPARTMENTS

Special Education

BY: CATHY STEINER (DEPARTMENT HEAD)



The Special Education Department welcomes our students back to semester two!

Many wonderful things continue to happen in the Special Education department.

Tuesday, March 21st was a very special day at our school as we celebrated World Down Syndrome Day. To mark such an important day the school was invited to wear mismatched colourful socks to continue to raise awareness.

World Autism Month is celebrated throughout the month of April. It is an annual opportunity for people all over the world to celebrate, spread kindness and have meaningful discussions about autism. This year the staff and students of Cardinal Carter will continue to show support by wearing the colour blue on April 5th.

The students in the Life Skills program continue to work on functional academics.

The Learning Strategies classes are well underway and continue to help students gain the skills needed to be more independent. Teachers focus on strengthening student executive functioning skills thus teaching them how to learn and how to use what they have learned to solve problems and be successful.

IIRC reviews for grades 9 and 11 will take place at the end of May. Invitations will be sent to parents 10 business days prior to their child's scheduled review date.

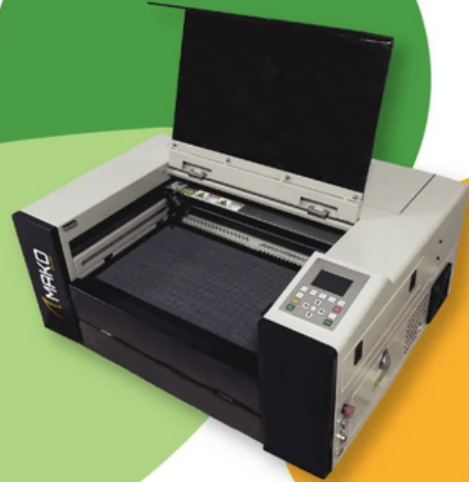
CCCHS DEPARTMENTS

Technology

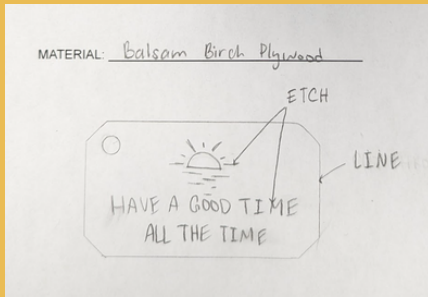
BY: ANN BRAND (DEPARTMENT HEAD)

We are thrilled to have our brand new MAKO 60W CO2 Laser Cutter in our classroom. With this new technology, students can see their design precision-cut in seconds. Mrs. Brand and Mr. Cameron have been trained and have spent weeks testing materials and getting it ready for student use.

Students in Mrs. Brand's grade 10 Technological Design class have been cutting some designs including keychains and most recently, clock designs. We are very excited to be able to take students through the design process using this impressive technology.



LASER-CUT KEYCHAIN PROJECT



Katerina's sketch of her keychain showing annotations and design planning.

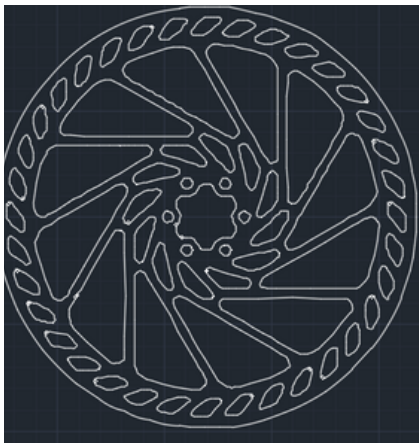


After sketching, students create a computer aided design using AutoCAD and PhotoPea for images.



Students learn how the speed and the power settings of the cutter affect the look on materials.

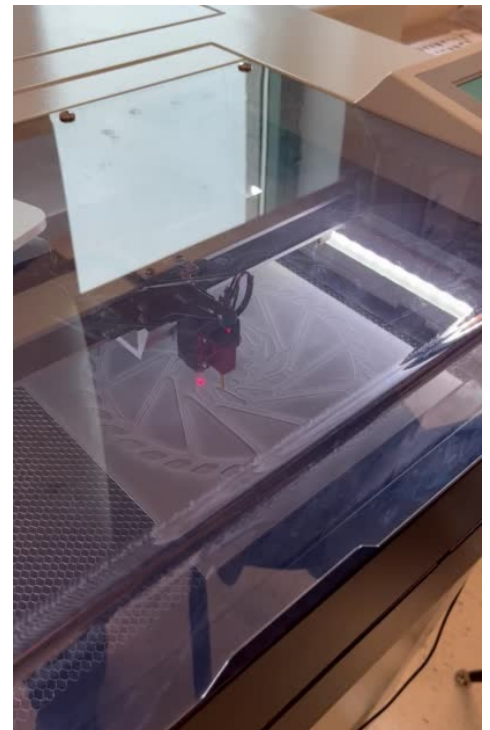
LASER-CUT CLOCK PROJECT



Christian M's base design for his analog clock in AutoCAD



Above is a prototype of the clock made out of cardboard to test the size and shape of the design before acrylic is loaded into the cutter. To the right, you can see a video of the laser cutter cutting silver acrylic for the clock base.



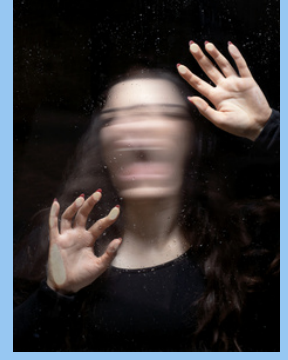
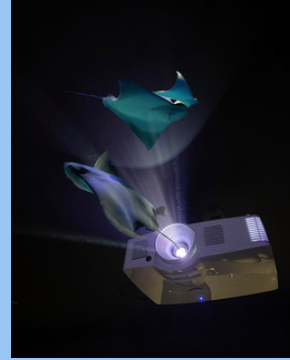
CCCHS DEPARTMENTS

Technology

BY: ANN BRAND (DEPARTMENT HEAD)

YCDSB Technology and Job Skills Competition

Congratulations to Kamile J on her Gold medal and Isabella S on her Bronze medal win in the 2023 YCDSB Photography Competition. Matthew D and Julian C brought home the Bronze in the TV/Video competition and Isabella P was awarded the Gold in the Job Interview competition. We are so proud of your courage and achievements. Kamile and Isabella P will advance to the provincials to compete against school boards from all over Ontario.



Kamile J. and Isabella S' photos

TECHNOLOGICAL DESIGN

Legacy Projects

Mr. Cameron's grade 12 Technological Design students are busy building projects that will benefit others. Pictures below include the volleyball referee stand that they fixed by building a new base and the robotics table they built for Notre Dame CES Robotics team.



Tech. Design House Build

Mr. Cameron's grade 11 Tech. Design class is learning about measurement, scale, and tool application while they build their house models.



SPECIALIST HIGH SKILLS MAJOR

BY: MELISSA MICCOLI (HEALTH AND WELLNESS LIAISON)
SANDRA BREGA (BUSINESS LIAISON)

At Cardinal Carter our Health and Wellness Specialist High Skills Major Program AND our Business Specialist High Skills Major Program enables students to build a foundation of sector-focused knowledge and skills before graduating and entering apprenticeship training, college, university, or an entry-level position in the workplace.

This year our SHSM students in both sectors have been busy working on certifications in a wide variety of topics such as First Aid, Cardiopulmonary Resuscitation, Leadership Skills, Ergonomics, Financial Literacy, Portfolio Development, WHMIS, Concussion Awareness, Mental Health, Customer Service, Fire Safety, Fraud Prevention, Project Management, Medical Terminology, Allergy Awareness, Ethics, Wrapping for Injury, and much more.



SPECIALIST HIGH SKILLS MAJOR

BY: MELISSA MICCOLI (HEALTH AND WELLNESS LIAISON)
SANDRA BREGA (BUSINESS LIAISON)

Below are a few highlights of what our SHSM students have been up to this year:

- Participation in a Human Anatomy Cadaver Lab through the University of Guelph
- Participation in a Financial Literacy workshop through Enriched Academy which provided students with the critical financial and life skills they need to succeed
- First Aid and CPR-C certification
- In May, students will be attending Toronto Metropolitan University and participating in a mock lecture hosted by the Ted Rogers School of Management
- Participation in an Entrepreneurship Lab which provided students hands-on experience working with Emerge Virtual Medical Care
- Participation in an Infection Control Escape Room where students were introduced to foundational principles of infection prevention and control as they enter an outbreak. Students were invited as detectives, and needed to uncover clues relating to potential causes, pathogens, sources, spread, and transmission, while learning how to keep themselves and others safe from the outbreak.

Our Cardinal Carter SHSM Program will be hosting a Recruitment Assembly for both sectors on April 25th to inform our grade 10 students of the benefits of being a part of SHSM here at Cardinal Carter.



ANY GRADE 10 OR GRADE 11 STUDENTS INTERESTED IN ANY OF THESE TWO PROGRAMS - SHSM HEALTH AND WELLNESS OR SHSM BUSINESS IS ENCOURAGED TO SPEAK WITH GUIDANCE AS SOON AS POSSIBLE TO GET ENROLLED. IF ANY STUDENTS HAVE ANY QUESTIONS ONE CAN CONTACT THE TEACHER LIAISONS: MRS. MICCOLI (HEALTH AND WELLNESS) OR MRS. BREGA (BUSINESS).



International Baccalaureate Info

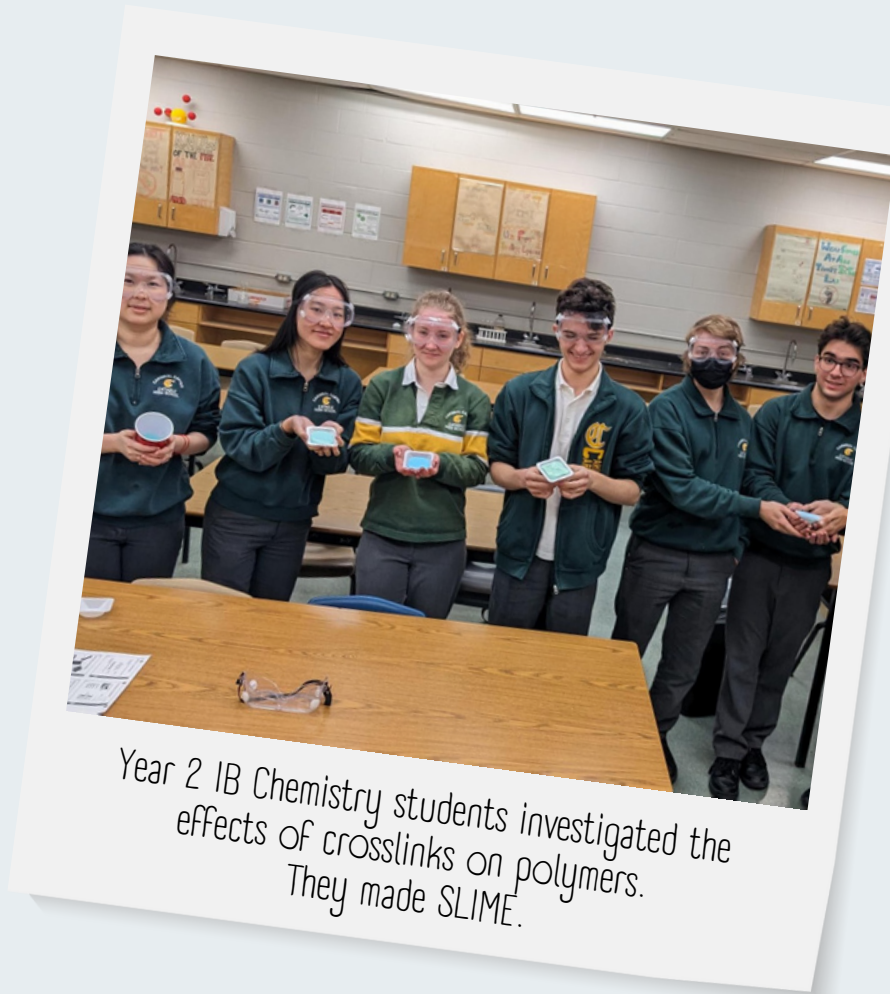
MAY 2023 IB EXAM SCHEDULE

Subject	Exam Date (s)
Physics SL	May 2 and May 3
Literature HL	May 3 and May 4
Math HL/ SL	May 8 and May 9
Chemistry HL	May 11 and May 12
French SL	May 12 and May 15
Economics SL	May 15 and May 16
Biology HL	May 17 and May 18

Good luck to all our IB students!



Coming Soon:
IB Graduation Celebration



Year 2 IB Chemistry students investigated the effects of crosslinks on polymers. They made SLIME.



Year 1 French

Our Year 1 French students completed their French oral exams in March. The students demonstrated commitment and dedication in excelling on their speaking exams.

They will be completing their final IB French exams in reading, writing and listening on May 12th and May 15th. Bon courage!



6 Academic areas surrounding the 3 Core requirements- CAS, TOK, EE

For more information check out our [CCCH IB Site](#).

CO-CURRICULAR CORNER

Home of the Celtics!

STUDENT COUNCIL



We celebrated our beloved mascots birthday by hosting fun competitive games and sending him a card full of lovely birthday wishes. We gave out prizes, painted our faces with the main colours of CCCHS, and took lively photos with our lovely mascot, O'Reilly'.



Anti-Bullying awareness was something Student Council was eager to advocate in our school. On pink shirt day we decided to spread the love and kindness by getting the students of CCCHS to write kind messages to their peers. This activity was definitely one that put a smile on everyone's faces!



Semi-Formal was a night to remember not only for student council, but also our glamorous Gr. 11 student body. Our Semi was filled with fantastic music, food, drinks, people, and of course outfits.



- Blue Jays Game
- Student Appreciation week
- Easter Activities
- Persidental Elections

CO-CURRICULAR CORNER

Home of the Celtics!

Carter Blue



Therapy Dogs!

Carter Blue brought in Therapy Dogs on April 5th which provided an outlet for students to de-stress!

@Carterblue.ycdsb

Stay tuned for updates!



Bell Let's Talk Day

January 25th Carter

Blue celebrated student's stories and coping skills through our Instagram page!

Upcoming!

May 8th - 12th is **Youth Mental Health Week** and is going to be action packed full of wellness activities and initiatives!

RELAY FOR LIFE

RELAY SCHOOL EVENT

MAY 24

Our 2023 relay focuses on raising awareness for Canadians living with cancer, and donating to the Canadian Cancer society to fund ground-breaking research against all cancers.

This year's Relay will host multiple activities, as you walk laps with your team, enjoy fun games and entertainment, celebrate cancer survivors in your community, and remember those that we have lost to this terrible disease. All fundraising leading up to the event are steps taken toward a brighter future together.

Launch Party:
April 12



FUNDRAISING/PARTICIPATION

Participation is the most vital part of our relay event. At Relay For Life, students can step up, build school spirit and make a real impact — while learning valuable lessons about teamwork and giving back. So tell your friends to see you there!

Our ideal fundraising goal for our Relay is \$30,000.00. Any contribution will be used to fund innovative cancer research and to provide a national support system for people with cancer, their caregivers and their families.

The screenshot shows the Relay For Life website interface. At the top, it says 'RELAY FOR LIFE' with the Canadian Cancer Society logo. Navigation links include 'About Relay', 'Start a Relay event', 'Donate', and 'Find your event'. The main heading is 'Relay For Life' for 'Cardinal Carter Catholic High School'. A yellow button says 'Sign up for this event'. Below this, a section titled 'This year's Relay For Life' contains text about the event's purpose. On the right, a circular image shows a group of people participating in a relay. Below that, a progress bar shows '\$680.50 raised of \$30,000.00 goal'. There are buttons for 'Donate to this event' and 'Share this event'. A 'Start Live Chat' button is in the bottom right corner.

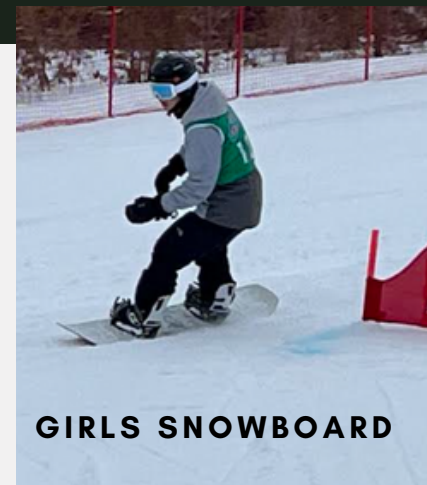
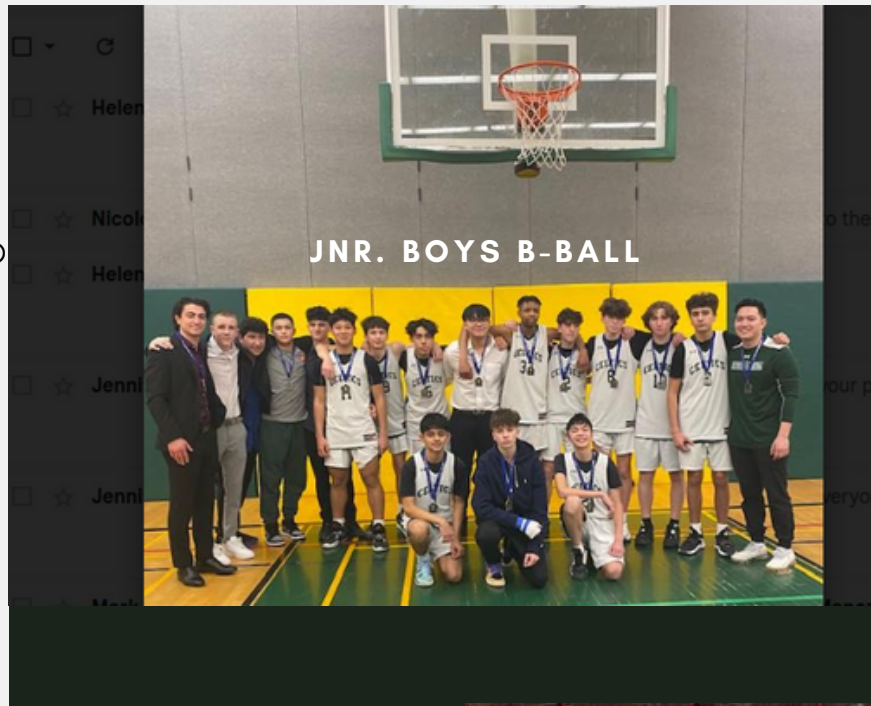
ATHLETIC TEAMS

Home of the Celtics!

WINTER TEAMS WRAP UP THEIR SEASONS WITH SOME **BIG WINS AND SPRING SPORTS UNDERWAY!**

WINTER HIGHLIGHT REEL:

- JUNIOR BOYS B-BALL-SILVER MEDALIST IN THE YRAA CHAMPIONSHIPS
- SENIOR BOYS B-BALL - MADE IT TO QUARTER FINAL ACTION
- JUNIOR GIRLS VOLLEYBALL - QUALIFIED FOR YRAA PLAYOFF TOURNEY
- SENIOR GIRLS VOLLEYBALL - MADE IT TO YRAA SEMI FINALS
- VARSITY BOYS HOCKEY - CLINCHED A TOURNEY TITLE AND TOURNEY FINALISTS
- SKI AND SNOWBOARD - 2 ATHLETES QUALIFIED TO OFSAA



SPRING SPORTS READY ON DECK

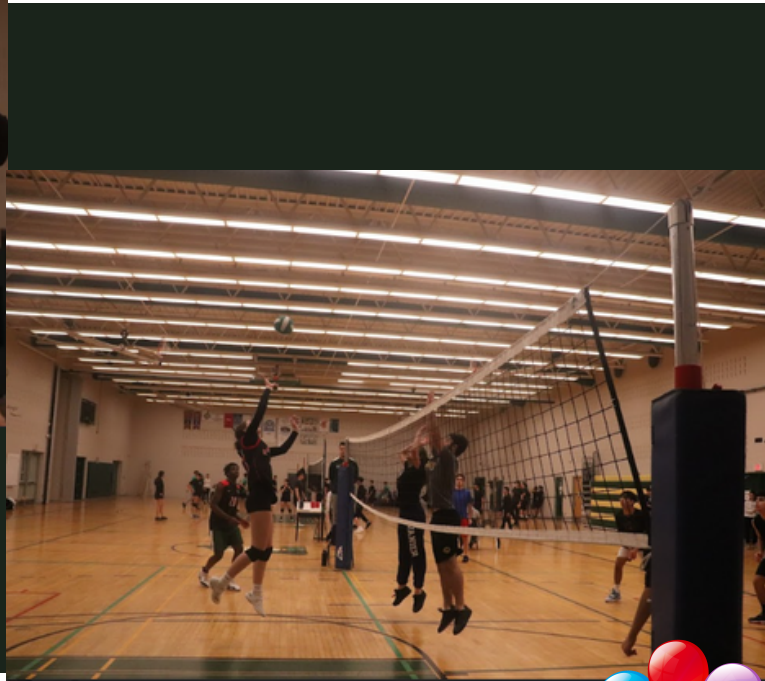
- JNR GIRLS SOCCER TEAM - LOOKING TO DEFEND THEIR YRAA TITLE
- SNR GIRLS SOCCER TEAM - SEEKING ANOTHER OFSAA BERTH
- VARSITY BOYS BASEBALL - ANTICIPATING ANOTHER SUCCESSFUL SEASON
- JNR AND SNR TRACK & FIELD - LOOKING TO DEFEND THEIR YRAA TITLES AND OFSAA PODIUMS
- VARSITY GIRLS FLAG FOOTBALL - HOPING FOR ANOTHER SUCCESSFUL TOURNEY
- VARSITY ULTIMATE FRISBEE - SEEKING ANOTHER GREAT SEASON

ATHLETIC COUNCIL

INTRAMURAL ACTION



Non-stop action and excitement at both the volleyball and basketball intramural tournaments put on by our Athletic Council. The gym was filled with players and spectators as each team battled for the titles!



A big HAPPY BIRTHDAY to our favorite leprachaun...O'Reilley!



Intramurals coming soon:
Badminton and Ultimate

We will be hosting Round 2 of YRAA Junior Badminton Championships. Thanks to Athletic Council for running the concession stand.

**THE BIGGEST NIGHT OF THE YEAR IS COMING UP...
THE CCHS INAUGURAL ATHLETIC BANQUET.
JUNE 14TH - AURORA VENETIAN MANNOR.
A NIGHT TO CELEBRATE OUR ATHLETES AND TEAMS!**

CARDINAL CARTER IN EUROPE!

March Break 2023

*5 cities, 10 days, 5 teacher chaperones, and 30 students
= a whole lot of fun!*



On Wednesday, March 8th a group of 30 students set off on a grand adventure to Rome, Florence, Milan, Paris, and London. Students were able to visit such cultural wonders such as the Colosseum, The Roman Forum, The Eiffel Tower, The London Eye, and Buckingham Palace. We were also immersed in our faith as we visited the Vatican Museum and the Sistine Chapel, caught a glimpse of Il Duomo in Milan and had the opportunity to pray at a church in Florence and celebrate mass at a church in London. Lots of laughs and incredible memories were had by all!

Stay tuned for details for our 2024 March Break trip!



School Information

210 Bloomington Rd. W., Aurora L4G 0P9

Phone: 905-727-2455

Email: cardinal.carter@ycdsb.ca

School hours: 8:20 am - 2:20 pm



Uniform



Nut Safe



Fragrance/Scent Safe

School Administration

Principal: Sabrina Bartolini

Vice Principals:

Julie Akleh

Charmaine Barker,

David Lamonica

Superintendent: Rocchina

Antunes

Trustee: Elizabeth Crowe

Secondary Attendance

Student Absence Reporting

Phone: 1-855-856-7862

Website: go.schoolmessenger.ca

Mobile Apps:

 App Store  Google Store

Catholic School Council Executive

Jennifer Barci – Chair and

OAPCE Representative

Mirella Natale– Treasurer,

Secretary



Follow us on social media

@ccarterchs



Pax et Lux, Peace & Light

Upcoming Important Dates...

April 13 - Spring Coffee House @ 7 p.m.

April 17- Electronic Report Cards Available on Parent Portal @ 4 p.m.

April 17- Civics/Careers Turnaround Day

April 20- Parent-Teacher Interviews 5:30-9:00 p.m.

April 27 - Parent Presentation Supporting Your Teen's Peer Relationships and Helping Your Teen Navigate Conflict in Peer Relationships presented by Common Compass @ 7 p.m.

April 28 - Easter Masses

May 4- Missing, Murdered Indigenous Women Remembrance Walk for Grade 11's Per.1

May 2-18 - IB Examinations

May 5 - PA Day

May 1-5- Catholic Education Week

May 17 - Catholic School Council Meeting @ 7 p.m.

May 18- Music Spring Concert @ 7 p.m.

May 18- Music Spring Concert @ 7 p.m.

May 24 - Relay for Life Event 2:30 p.m.

May 29- June 1 - SAW (Spirit Activity Week)

June 6 - Year-End Closing Masses Periods 1 and 2

June 14 - Athletic Banquet at the Royal Venetian Mansion @ 6 p.m.

June 13-14 Grade 9 EQAO

June 20 -23 - Exams for Grade 12's

June 21 - 26 - Exams for Grades 9-11's

Graduation Mass (Date & Time TBD)

June 27 - Prom at Royal Venetian Mansion @ 6:30 p.m.

June 28 - Graduation Ceremony at Hilton Markham @ 11 a.m.

