

Early Learning Foundations

The success of children in school is based on how ready they are to learn. Long before children come to school, learning begins with parents, caregivers and early childhood educators.

Children need to be properly fed and well rested so that they can develop important spiritual, social, emotional and physical foundations. These foundations will help them to:

- Concentrate on school activities, listen and communicate
- Understand their own feelings and the feelings of others
- Cooperate, share and take turns with both peers and adults
- Resolve conflict successfully and control their own behaviour
- Have the self-confidence and self-esteem to try new experiences and solve problems independently



York Catholic District School Board

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Community Support for Early Learning

Community Supports

Service	Description
All Babies Count (ABC) 905-853-5514 www.roseofsharon.com/programs/abc/	A free weekly drop-in program provided for pregnant teens/ women who have recently immigrated or who are socially isolated due to economic circumstances, illness, disability, place of residence, and/or ethnocultural factors.
Before and After Care Programs www.ycdsb.ca Click "Programs and Services" Click "Child Care" Click "Before and After School Programs"	Programs for children 4-12 years of age in selected schools.
Child Care www.ycdsb.ca Click "Programs and Services" Click "Child Care" Click "Child Care Centres"	Early learning and care programs for children birth to 6 years of age.
Child Treatment Network of Simcoe York (CTN) 1-866-377-0286 www.ctnsy.ca	Health, education, and community services for children and their families.
York Child Development & Family Services Inc. www.yorkchild.ca	Programs for families with children under 6 years of age including parenting tips on behaviour management, nutrition, and getting ready for school.

Service	Description
York Region Dental Screening 1-877-464-9675 (ext. 74388) https://www.york.ca/health/dental/dental-screening	Visual inspection of teeth and gums provided in licensed child care centres, Ontario Early Years Centres, Kindergarten, and Grades 2, 4, 6, and 8.
Early Intervention Services https://www.york.ca/support/childrens-services/children-special-needs	Provides programs for children from birth to school entry who have developmental delays or disabilities due to birth factors.
Health Connection https://www.york.ca/health/health-information-line-health-connection	Free and confidential telephone service provided by York Region Community Health Services Department including health information and education, community resources, confidential counselling and consulting on health issues.
KIDS LINE https://www.york.ca/support/childrens-services/kids-line	Phone-in support line which provides information about child care programs, early intervention services, preschool speech and language programs.

Service	Description
Child and Family Centres https://www.york.ca/support/childrens-services/earlyon-child-and-family-centres	A range of free services and programs for parents/caregivers and their children birth to six years of age.
York Region Preschool Speech and Language Program https://www.childdevelopmentprograms.ca/speech-and-language/	Provides assessment and intervention for speech and language delays and communication disorders in preschool children.
Settlement Support for New Canadians www.settlement.org	Provides assistance for people who are new to Canada with: <ul style="list-style-type: none"> • Finding job resources • Sponsorship • ESL • Housing • Health and much more
Triple P Parenting Programs www.triplep-parenting.ca	Provides multi-level systems of parenting education and intervention designed to assist parents of children and adolescents.
Canada's Food Guide food-guide.canada.ca	Provides recipes and tips for making healthy food choices and eating habits.
York Hills Child and Family Centres 1-866-436-7608 www.yorkhills.ca	Offers support for children and families who are experiencing social, emotional or behavioural difficulties. Parents can call directly or may be referred by other agencies.